

# BREINING INSTITUTE

College for the Advanced Study of Addictive Disorders

## CATALOG 2020/21

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### KEY STAFF AND FACULTY

Michael J. Breining, Dr.AD, J.D., M-RAS, President/CEO/COO  
Kathy L. Christopher, Dr.AD, J.D., M-RAS, CAO/Dean of Academic Affairs  
Theresa J. Russell, Dr.AD, M-RAS, MCA, CSC, Dean of Instruction  
Kylie Liebe, AS, Registrar, Director of Admissions, Assistant Dean of Academic Affairs

**As a prospective student at Breining Institute, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet which must be provided to you prior to signing an enrollment agreement.**

### CATALOG EFFECTIVE DATES

The catalog, as revised, is in effect September 1, 2020, and applies through the Academic School Year ending August 31, 2021. Revisions may be made at any time, without notice.

This catalog is not a contract between the student, Breining Institute, or any party or parties. Reasonable effort was made at the time this document was created to ensure that all policies and provisions of this catalog were correct. Breining Institute reserves the right to make changes and addendums to current policy as required.

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## **INTRODUCTION**

Breining Institute, a California corporation, opened its doors in 1986 with a goal to provide students with the information needed to render addictive disorders education and counseling in a professional manner to those individuals in the community effected by addictions.

## **STATE APPROVAL**

### **California State Approval**

Breining Institute is a private institution that is approved to operate by the Bureau for Private Postsecondary Education (BPPE), Institution No. 3403181. Approval to operate means compliance with state standards as set forth in Chapter 8 of the California Education Code, Title 3, Division 10, Part 59.

BPPE approval to operate is distinct from regional accreditation by an accrediting agency recognized by the United States Department of Education, which Breining Institute has not sought and does not hold.

Any questions a student may have regarding this catalog that have not been satisfactorily answered by Breining Institute may be directed to:

### **The Bureau for Private Postsecondary Education**

1747 North Market  
Suite 225  
Sacramento, CA 95834  
(916) 574-8900  
(888) 370-7589  
[www.bppe.ca.gov](http://www.bppe.ca.gov)  
[bppe@dca.ca.gov](mailto:bppe@dca.ca.gov)

## **MISSION, VISION, INSTITUTIONAL OBJECTIVES, AND CORE VALUES**

### **Mission Statement**

Breining Institute is dedicated to providing the highest quality education possible for our students, in order to effect the best treatment available for all of the individuals and families whose lives may someday be touched by those who have come to us for their education and training.

### **Vision and Institutional Objectives**

Breining Institute's vision is to be a respected leader in providing quality, affordable instruction in Addictive Disorders Studies resulting from a system of clear communication of mission, goals, and objectives. Breining Institute offers the Addiction Studies Certificate (ASC) Program, within which Breining Institute strives to fulfill the following institutional objectives:

- Offer a dynamic, interactive education environment that engages students in the learning process
- Provide constructive feedback to promote student self- assessment and motivation
- Provide clear learning outcomes, detailed instruction, and assessment for all courses to

ensure course mastery and student success

- Use technology to create effective modes and means of instruction that expand access to learning

### **Core Values**

The core values are a set of principles that are aligned with Breining Institute's mission and guide the practice and development of curriculum, faculty, students, and staff:

- **Ethics** – Foster a learning environment that promotes responsible, principled behavior which respects the dignity of all members of the community.
- **Integrity** – Conduct all activities in an ethical manner. Commit to practices that are fair, honest, and objective in dealing with students, faculty members, staff, and stakeholders at all levels of the community.
- **Student Service** – Strive to ensure that curriculum, delivery, and support services respond to inquiries, requests, and concerns in an appropriate and timely manner.
- **Quality** – Provide educational programs that lead to the acquisition of knowledge and skills necessary to achieve information literacy, career advancement, personal enrichment, leadership, and service to the community. To ensure program quality, Breining Institute assesses practices, policies, and procedures on an ongoing basis to strengthen the overall effectiveness of curriculum, instructional delivery, and operations.

### **STUDENT RIGHTS**

Breining Institute does not discriminate on the basis of race, religion, age, sex, sexual preference, handicap, national or ethnic origin in the administration of its educational policies, admissions, scholarships or any other programs. Breining Institute facilities are accessible to usable by the handicapped. There is ground-level entry to the building, classrooms, library, administrative offices and restrooms. It is the policy of Breining Institute that all students shall receive their education in an environment that is free from all forms of sexual discrimination and harassment. Sexual harassment, whether by a faculty member, staff or student, is prohibited.

### **STUDENT GRIEVANCES**

Any student, staff or faculty member who feels that he or she has been discriminated against or sexually harassed is encouraged to immediately report such incident to either the Dean of Instruction or the Dean of Academic Affairs. The report may be either written or verbal, and need not be in any formal or legal fashion. The incident will be investigated and dealt with by the Dean of Academic Affairs.

### **COMPLAINT**

Anyone who experiences an unsatisfactory interaction with Breining Institute personnel or Faculty may file a complaint through the Academic Affairs Office by phone or e-mail.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 toll-free or by completing a complaint form, which can be obtained on the Bureau's internet web site [www.bppe.ca.gov](http://www.bppe.ca.gov).

## **ACADEMIC FREEDOM**

Breining Institute adheres to the following principles of academic freedom. As a higher education institution, Breining Institute holds the pursuit of education in highest regard and strives to provide an environment that promotes the pursuit of truth and mutual respect to support the generation of new knowledge and reasoned argument based on scholarly justification. Teaching and learning styles may differ. Breining Institute recognizes that each faculty member will express his or her opinions and philosophies freely without censorship. Concurrently, it is important that faculty members realize their responsibility to this College to make their students understand that their expression does not represent the opinions of Breining Institute.

## **ADDRESS**

The address where on-campus class sessions are held is 8894 Greenback Lane, Orangevale, CA 95662. (Due to COVID-19 restrictions, current course offerings are by Distance Learning only.)

Directions:

**From I-80 (Roseville/Auburn area):** South on Sierra College Boulevard (which becomes Hazel Avenue at the Sacramento County Line) to Greenback Lane, then turn right (we will be on your left after you turn onto Greenback Lane).

**From I-80 (Sacramento area):** East on Greenback Lane (we are on your right just before you reach the intersection of Hazel Avenue).

**From US 50:** North on Hazel Avenue to Greenback Lane, then turn left onto Greenback Lane (we will be on your left after you turn onto Greenback Lane).

# PROGRAMS

Breining Institute programs provide education in the broad range of subjects that relate to alcohol and/or other drug abuse counseling, substance abuse counseling, addictive disorders, and behavioral disorders.

California Education Code sections 94910(f)(2) and 94929.7(b) and Title 5, CCR, section 74112(m)(1) disclosure of job classification and employment positions determined to be within the field for which a student received education and training for the calculation of job placement rates:

## **21-1011.00 - Substance Abuse and Behavioral Disorder Counselors**

Counsel and advise individuals with alcohol, tobacco, drug, or other problems, such as gambling and eating disorders. May counsel individuals, families, or groups or engage in prevention programs. Sample of reported job titles: Addictions Counselor, Case Manager, Chemical Dependency Counselor (CD Counselor), Chemical Dependency Professional, Clinical Counselor, Correctional Substance Abuse Counselor, Counselor, Drug and Alcohol Treatment Specialist (DATS), Prevention Specialist, Substance Abuse Counselor (SA Counselor)

Information regarding this field of employment can be found at U.S. Bureau of Labor Statistics (<https://www.bls.gov/oes/2016/may/oes211011.htm>).

The education received at Breining Institute will be beneficial to those who seek to counsel individuals with substance abuse issues and addictive disorders. However, Breining Institute makes no representation or promise regarding the likelihood or probability that a graduate of the Addiction Studies Certificate Program will find gainful employment upon graduation, nor does Breining Institute make any representation or promise as to the salary or salary range that a graduate of the Addiction Studies Certificate Program can expect to earn upon graduation.

***Please note that programs and courses are subject to change at the discretion of Breining Institute.***

# Certificate Programs

## **Addiction Studies Certificate**

Admission into the Addiction Studies Certificate Program requires high school graduation and/or successful completion of any of the following equivalency exams: General Educational Development (GED); High School Equivalency Test (HiSET); or Test Assessing Secondary Completion (TASC). The requirements for an Addiction Studies Certificate include successful completion of 45 Quarter units (450 hours) in the core Addictions Studies coursework listed here, and passing the Addiction Counselor Exam (ACE) administered by Breining Institute.

PLEASE NOTE: Successful completion of this Certificate Program requires an Internship of 255 hours of supervised Alcohol and Other Drug training based on the curriculum contained in the 12 Core Functions and TAP 21 Counselor Competencies documented by the appropriate agency supervisor(s) in an agency of the student's choice. Breining Institute does not offer placement services, and it is the responsibility of the student to procure the internship position.

The coursework includes:

- ❖ Introduction and history
- ❖ National and local program approaches
- ❖ Review of family systems
- ❖ Development of personality and denial
- ❖ Cultural and lifestyle differences in CD/Special Populations
- ❖ Prevention, Intervention and Education
- ❖ Employee Assistance Programs
- ❖ Legal and Confidentiality Issues/Ethics/Prevention Sexual Harassment
- ❖ Self Help Groups/Twelve Step Therapy
- ❖ Disease Concept of Addiction
- ❖ Physiology and Pharmacology
- ❖ Illicit Drug Abuse
- ❖ Medical Treatment
- ❖ Fetal Alcohol and Drug Syndromes
- ❖ Perinatal Care and CD
- ❖ HIV / ARC / AIDS / Communicable Diseases
- ❖ Smoking Addiction
- ❖ Eating Disorders
- ❖ Compulsive Gambling
- ❖ Sexual and other Behavioral Addictions
- ❖ Co-Dependency
- ❖ Gender and Sexuality issues
- ❖ Role/Responsibility of the Counselor
- ❖ Intervention Techniques
- ❖ Individual Counseling Techniques
- ❖ Group Counseling Techniques
- ❖ Family Counseling Techniques
- ❖ Personal and Professional Growth

- ❖ Relapse and Burn-out Prevention
- ❖ Therapeutic Approaches in Treatment
- ❖ Assertiveness Training
- ❖ Adolescent Counseling Techniques
- ❖ Dual Diagnosis/DSM-IV/Co-Occurring Disorders/PTSD
- ❖ Case Management and Assessment
- ❖ Internship Process/Twelve Core Functions/TAP 21



# Faculty

## KEY STAFF AND FACULTY

Michael J. Breining, Dr.AD, J.D., M-RAS, President/CEO/COO

Kathy L. Christopher, Dr.AD, J.D., M-RAS, CAO/Dean of Academic Affairs

Theresa J. Russell, Dr.AD, M-RAS, MCA, CSC, Dean of Instruction

Kylie Liebe, AS, Registrar, Director of Admissions, Assistant Dean of Academic Affairs

## FACULTY

The faculty members at Breining Institute are sought out for their practical, hands-on experience, as well as their academic achievements, in order to bring to the students the most value within their formal education and training. For this reason, most of our faculty is actively engaged in professional activity outside of instructing or mentoring students. While this may limit on-campus visitation with the instructors and mentors, each is committed to being available with an appointment at the campus before and after class hours, at their own offices with appointments, and at times and locations of convenience to both the student and faculty member. And, for the distance learning students, communication by teleconferencing and correspondence by facsimile and e-mail provide the student with valuable faculty interaction.

Interaction with the course instructor is the front-line of academic support to students to help them master the course content. Breining Institute employs a traditional course structure of multiple students per faculty member. However, each student receives personalized attention that is tailored to his or her individual needs and preferences. The main academic goals are that the student master the course learning objectives and complete all work within the course timeframe. The instructor's main responsibility is to work closely with the students to ensure their learning success. Faculty is responsible for initiating contact with students through e-mail at the start of the course and to monitor student interaction throughout the course by e-mail, assignment submission and grading, and student-centered assignment feedback.

Continuous improvement and institutional effectiveness are essential to student satisfaction and academic progress. As such, outreach efforts to foster student interaction for learning purposes are continually evaluated by Breining Institute faculty members and staff. Evaluation includes student end-of-course surveys which include items that pertain directly to the evaluation of faculty. Student responses are reviewed toward the end goal of improving academic progress.

## Faculty Members

### *Posthumous Recognition:*

**BERNARD G. BREINING, Dr.AD, RAS**, the founder of Breining Institute, served as the Dean of Instruction, and was instrumental in the development of course curriculum. During his lifetime, Dr. Breining was a respected and much loved expert in the field of Addictive Disorders Studies who served on the Board of Directors of the National Association of Alcoholism and Drug Abuse Counselors (NAADAC), as well as on the Written Exam Committee for the International Certification Reciprocity Consortium (ICRC) that created the international examination for counselor certification. As an active

member of his community, for over 25 years he served on the Board of the Mental Health Association; on the County Alcoholism Advisory Board; on the Advisory Board for the Handicapped; on the Mayor's Task Force on Drug Abuse; as Executive Director of National Council on Alcoholism (Sacramento Chapter); as facilitator for the Physicians Diversion Program, the Impaired Pharmacists Program, and the Dental Board Diversion Program; and, as a Drug and Alcohol Abuse Counselor in private practice. Dr. Breining served as the President-elect of California Association of Alcoholism and Drug Abuse Counselors (CAADAC) in 1995-96, and as President in 1997, after serving for many years on its Board of Directors, as well as its Certification and Education boards. He earned his Bachelor of Science degree in Health and Human Services from Columbia Pacific University, his Master of Arts degree in Addictive Disorders and his Doctor of Addictive Disorders (Dr.AD.) from Breining Institute. Among the honors bestowed upon Dr. Breining during his lifetime: an Original Member of the *Council of Fellows of CAADAC*; the *Harold Cole Award*; and the *George C. Cobbs Award*. Dr. Breining was an Internationally Certified Alcohol and Drug Counselor (ICADC), a Certified Clinical Supervisor (CCS), a Certified Employee Assistance Professional (CEAP), a Certified Clinical Hypnotherapist (CCHT), a Certified Intervention Specialist (CDIS), and a Certified Addiction Specialist (CAS). He authored the original workbooks which were later used in the development of *The Addiction Professional, Manual for Counselor Competency*, an instructional textbook in the subject matters of addictive disorders and counselor competencies that is currently used in programs at Breining Institute as well as other colleges. Dr. Breining held a lifetime teaching credential from the State of California, and was an educator in the field of addiction studies until his death in 2006.

**Current Faculty:**

**MICHAEL J. BREINING, J.D., Dr.AD, M-RAS**, continuing the Breining dedication to excellence in Addiction Studies Counseling education, he serves as the President, CEO and COO of Breining Institute. Mr. Breining has been an attorney licensed to practice law in California, federal, and tax courts since 1983. Formerly a registered Legislative Advocate and General Counsel for a nonprofit professional association that works to promote the business interests of manufacturers in government and the private sector, he authored *Manufacturers and The Law: Significant Court Decisions Affecting California Manufacturers* (1984, CMA Publication.) He served as the first President of the Service Corporation of the California Manufacturers Association, where his specialties were in human services and the development of income-generating programs and services. As a Certified Tax Specialist, he was previously employed as Appellate Counsel by the State of California, Franchise Tax Board. Since 1986, his legal, business and tax education and expertise have been directed to the betterment of Breining Institute, the College for the Advanced Study of Addictive Disorders, as well as the Breining Institute Certification Division. Mr. Breining was Program Director of the Breining Institute First Offender Driving Under the Influence (DUI) Program operated under license by the State of California and Sacramento County contract between 1990 and 2020 where he directed the DUI Program which offered court mandated alcohol and drug education and counseling in four Sacramento County locations. He is the founder of the Breining Research and Education Foundation, a nonprofit public benefit corporation dedicated to the study of addictions and the dissemination of information related to the effects of addictive disorders in society. Mr. Breining is the co-author and principle editor of *The Addiction Professional, Manual for Counselor Competency*, (2<sup>nd</sup> Ed., 2008) and *The Clinical Supervisor, Training Manual for Clinical Supervisor Competency in the Addiction Treatment Setting* (2010). He is also principle editor of *The Forensic Counselor, Training Manual for Addiction Counselor Competency in a Forensic Treatment Setting* (2011); as

well as principle editor of the Breining Research and Education Foundation publication, *Journal of Addictive Disorders*, a research publication offered without charge to the general public and addiction professionals in the field. In furtherance of his commitment to community involvement, Mr. Breining is also an American Sport Education (ASEP) certified coach for interscholastic (high school) level sports, and has years of volunteer coaching experience in football and baseball. Mr. Breining earned his Juris Doctor degree from University of the Pacific - McGeorge School of Law and his Dr.AD from Breining Institute. Mr. Breining holds a Masters Level Registered Addiction Specialist Certification (M-RAS), Substance Use Disorder Certified Counselor IV (SUDCC IV), Clinical Supervisor Credential (CSC), National Certified Addiction Counselor (NCAC I) certification, and Master Addictions Forensic Counselor Certification (International Forensic Counselors Coalition).

**MATTHEW M. BREINING, J.D.**, provides the third generation of Breining Institute commitment to providing quality education. He earned his Juris Doctor degree, graduating "With Great Distinction", from University of the Pacific - McGeorge School of Law in 2015. His Juris Doctor degree includes the conferring of concentrations in Business and in Intellectual Property. He earned his Bachelor of Arts Degree in Criminal Law and Society, graduating *cum laude*, from University of California, Irvine. Mr. Breining's experience in criminal law includes an Internship in the Sacramento County District Attorney's office. Mr. Breining serves as General Counsel to Breining Institute; and as a Faculty member, Mr. Breining provides expertise in the fields of ethics and law including specific application to Counselor ethical and legal boundaries attendant to providing services to clients navigating the criminal justice system. He is a contributing editor of the Breining Research and Education Foundation publication, *Journal of Addictive Disorders*. Mr. Breining is also the Director of Information Technology for the college.

**KATHY L. CHRISTOPHER, J.D., Dr. AD, M-RAS**, serves as the Dean of Academic Affairs. She has been an attorney licensed to practice law in California and federal courts since 1981, and is licensed to practice before the United States Supreme Court. Prior to settling into private practice, Ms. Christopher held the position of Research Counsel to the California Appellate Court, Third District Court of Appeals where she prepared research and position briefs for the benefit of the Court regarding pending appellate matters. While a partner in a major law firm in Sacramento, she was actively engaged in civil trial practice for over 15 years specializing in appellate practice, insurance coverage, medical malpractice, education and labor law. Her clients included school districts, public entities, employers, insurance carriers, medical practitioners, and health maintenance organizations. During a brief sabbatical from the law firm, Ms. Christopher worked with the University of California, Davis in the Office of the Campus Counsel, for the purpose of negotiating and implementing the contracts and zoning clearances. She joined Breining Institute on a full time basis in 1996, and in addition to her position as Dean of Academic Affairs, she also serves as Vice-President, Legal and Finance. Ms. Christopher is the co-author and principle editor of *The Addiction Professional, Manual for Counselor Competency*, (2<sup>nd</sup> Ed., 2008) and editor of *Women in Treatment, Substance Abuse Counselor Specialty Training Manual* (2011). She is an appointed member of the Registered Addiction Specialist Certification Board where she participates in the development and implementation of the requirements and standards related to Alcohol and Other Drug Abuse Counselor certification. She serves as President of the Breining Research and Education Foundation, a non-profit public benefit corporation, in which capacity she manages the administrative and academic operations

of this research foundation as it promotes research and education in the field of addictive disorders through various means including research grants and scholarships. She oversees the publication by the Foundation of the *Journal of Addictive Disorders*, a research publication offered without charge to the general public and addiction professionals in the field. Ms. Christopher earned her Dr.AD from Breining Institute; and her Juris Doctorate degree from University of the Pacific - McGeorge School of Law, graduating in the top of her class and was inducted into the academic honor society, *Order of the Coif*, for her superior academic achievements. She was awarded the American Jurisprudence Award for academic excellence. Professional associations include membership in the California Women Lawyers Association, American Bar Association, and the Sacramento County Bar Association. Ms. Christopher holds a Masters Level Registered Addiction Specialist Certification and the Substance Use Disorder Certified Counselor IV (SUDCC IV) certification.

**KYLIE LIEBE, AS**, serves as Registrar, Director of Admissions, and Assistant Dean of Academic Affairs as well as faculty member of Breining Institute. Ms. Liebe has extensive supervisory experience in Alcohol and other Drug Use facility administration and certification. Between 2015 and 2020, Ms. Liebe managed the four offices of the Breining Institute Driving Under the Influence Program licensed by the State of California and under contract with Sacramento County, where she was in charge of the oversight and supervision of AOD Counselors in the providing of DUI services in compliance with Title 9, case management, and completions using DMV DUI Internet Program Forms System. She is currently the Certification Manager for the Breining Institute Registered Addiction Specialist AOD Certification Division. Ms. Liebe completed her Clinical Medical Assistant training in 2014, was registered as a Substance Use Disorders Counselor (SUDRC) in 2016, and was awarded an Associate of Science Degree in Natural Science in 2019 from Sierra College.

**ALISON MOE, BS**, holds a Bachelor of Science in Psychology having graduated *magna cum laude* in 2012 from Santa Clara University. She is a Clinical Research Professional with extensive experience managing clinical trials. Ms. Moe is currently the Director of Clinical Operations for DotLab where she is responsible for leading and directing clinical trials which includes ensuring that the trials are conducted in compliance with regulatory guidelines such as ICH GCP, CCFR, and HIPAA regulations. She is recognized for her expertise in developing clinical strategies, trial designs, preparation of data for clinical study reports and regulatory submissions. Previously, she held the position of Senior Clinical Trial Manager for GRAIL where she managed all day-to-day aspects of 15 clinical sites with over 40,000 enrolled participants. Her commitment to improving mental and physical healthcare landscape via the development of novel products and clinical technology platforms and advancements is evidenced by her management of clinical trials in the Medical Device (Women's Health) and In Vitro Diagnostic (Oncology, Genomic Sequencing) fields. She also served in 2012 as a Volunteer Phone Crisis Counselor with the Bill Wilson Center (Santa Clara), which has provided services to runaway and homeless youth since 1973, focusing on housing, education, counseling and advocacy for youth, young adults and families.

**THERESA RUSSELL, Dr.AD, M-RAS, MCA, CADC II, CSC**, serves as Dean of Instruction and has been a faculty member of Breining Institute since 2005. Dr. Russell has extensive clinical and supervisory experience in Alcohol and Other Drug Counseling. She formerly managed transitional living facilities in Northern California; and since 2000

has provided individual and group counseling, client education course instruction, case management, intervention, crisis management, training and supervision of staff and volunteer counselors, and coordination of community services and client support systems relating to alcohol and other drug abuse education, treatment, and services. Prior experience also includes the position of lead Counselor in the Breining Institute First Offender Driving Under the Influence Program. Dr. Russell earned her Bachelor of Arts Degree in Behavioral Sciences in 1999 from National University; her Master of Arts Degree in Addictive Disorders from Breining Institute; and her Doctor of Addictive Disorders (Dr.AD) degree from Breining Institute.

**KATHERINE M. THIERS, BSN, CRNA, RN, PHN**, a Certified Registered Nurse Anesthetist licensed by the California Board of Registered Nursing since 2009, her former employment has included critical care nursing in the Level III Neonatal Intensive Care Unit of the University of California Irvine Medical Center where she directed the care and management of neonates effected by Fetal Alcohol Syndrome and the myriad other disorders and effects related to addictive disorders during pregnancy. She is Researcher and Co-author of *Prognostic Factors in Buprenorphine vs. Methadone Maintained Patients* (currently undergoing review and edit for publication in the *Journal of Addictive Disorders*). She is also author of other nursing and public health research papers that include: *Acute Central Nervous System Injury and the Effects of Therapeutic Hypothermia*; and *Orange County: A Public Health Assessment and Profile*. Ms. Thiers graduated *cum laude* with a Bachelor of Science Degree in Nursing from the University of California, Irvine. She thereafter earned a Master of Science Degree in Nursing - Certified Registered Nurse Anesthetist program - from Samuel Merritt University. She has been credentialed by the National Board of Certification and Recertification for Nurse Anesthetists since 2013. As a provider of anesthesia in her position of Chief at Kaiser Permanente North Valley, and at UC Davis Medical Center, she is involved in the physiology and pharmacology and other aspects of anesthesia, including general and regional techniques as well as cases involving conscious sedation and other ancillary services such as pain management through the use of narcotics and other anesthetic drugs and agents.

**SEAN T. THIERS, BSN, CRNA, RN, PHN, CCRN**, a Certified Registered Nurse Anesthetist licensed by the California Board of Registered Nursing since 2009, his former employment has included critical care nursing in the ACS Level I Surgical/Trauma Unit of the University of California Irvine Medical Center where he directed the care and management of Intensive Care Unit patients. He is Researcher and Co-author of *Prognostic Factors in Buprenorphine vs. Methadone Maintained Patients* (currently undergoing review and edit for publication in the *Journal of Addictive Disorders*). He is also author of other nursing and public health research papers that include: *Orange County is Uninsured: A Community Assessment and Intervention*; *Defining Public Health Nursing: The Public Health Nursing Interventions Model*; and *The Necessity of the Advance Directive During End-of-Life Care*. Mr. Thiers graduated with a Bachelor of Science Degree in Nursing from the University of California, Irvine where he excelled in the study of Human Health and Disease, Applied Pharmacology, Anatomy and Physiology, Nursing Research, Psychiatric Mental Health, and Community Health. He thereafter earned a Master of Science Degree in Nursing - Certified Registered Nurse Anesthetist program - from Samuel Merritt University. He has been credentialed by the National Board of Certification and Recertification for Nurse Anesthetists since 2013. As a provider of anesthesia in his positions at UC David Medical Center, Sutter Medical Foundation and Dignity Health, he combines his nursing skills and scientific

knowledge with the physiology and pharmacology related to all aspects of anesthesia and pain management through the use of narcotic analgesics and other drugs and medications such as neuromuscular blocking agents, anticholinergics, and antispasmodics.

**SALLY WYNN, Dr.AD, M-RAS, MCA, CSC, CATC**, is owner of Sally Wynn & Associates, an outpatient Alcohol and Other Drug Abuse Treatment Center, she provides intervention, counseling, case management and concierge services in the greater Sacramento area. A former partner in AOD Continuing Education, LLP, she remains a nationally recognized trainer and instructor in Alcohol and Other Drug Abuse education and treatment. Ms. Wynn has served as Clinical Director and Executive Director, facilitated the startup of an innovative program serving homeless individuals with HIV/AIDS in California, facilitated the startup and successful licensure of a new treatment center in Idaho and recently developed and implemented insurance billing protocols. She continues to provide services nationally as a consultant and trainer in the field of Alcohol and Other Drug Abuse recovery, treatment, and supportive services. She is a contributing author to numerous publications including: *The Addiction Professional, Manual for Counselor Competency* (2nd Ed., 2008); *The MAT Counselor: Handbook for Certification of Counselors Working in a Medication-Assisted Treatment Setting* (Breining Inst. 2010); *The Forensic Counselor, Training Manual for Addiction Counselor Competency in a Forensic Treatment Setting* (Breining Inst. 2011); *The Clinical Supervisor: Training Manual for Clinical Supervisor Competency in the Addiction Treatment Setting* (Breining Inst. 2010); and *Women in Treatment, Substance Abuse Counselor Specialty Training Manual* (Breining Inst. 2011). Ms. Wynn earned a Master of Arts degree in Addictive Disorders Studies and a Doctor in Addictive Disorders (Dr.AD) degree from Breining Institute. She holds professional certifications which include Master Counselor in Addictions, Clinical Supervisor Credential, and Masters Level-Registered Addiction Specialist.

# Application / Enrollment

## **APPLICATION AND ENROLLMENT PROCESS**

Breining Institute's admissions policy is oriented to adult learners who typically have previously completed undergraduate level courses. To be admitted to the Certificate, programs, students need to submit evidence of a high school diploma, or GED transcript or certificate, or HiSET transcript or certificate, or TASC transcript or certificate, or an international equivalent.

Admission to Breining Institute is based on evidence of a student's ability to benefit from its educational program. Such evidence may include the student's academic record in other institutions, professional experience, life experience, motivation and educational objectives. Generally, any adult who has completed high school, or the equivalent, and who meets the requirements within the Certificate program to which they are applying may apply for admission, by doing the following:

### ***Step 1: Apply for Admission to the College***

- Complete an Application for Admission (which the student can print by using the "quick link" to the Application for Admission on the Breining Institute website home page found at [www.breining.edu](http://www.breining.edu));
- Include with the Application a Letter of Intent, which is a short biography and statement of why the student wishes to enroll in the chosen course of study;
- If applicable, the student must be actively involved in a program of recovery, and document no less than 24 months of immediate and continuous sobriety. This can be in such programs as AA, NA, Alanon, OA, EA, GA, ACA, SLA or other similar 12-step program of therapeutic recovery;
- Include with the Application a Letter of Support from a colleague and/or Counselor verifying the student's experience and/or interest in the field;
- Include with the Application official documentation of high school graduation (or GED, HiSET, or TASC equivalency) and official transcripts from approved and/or accredited institutions for documentation of any required underlying degrees, or to document previously completed classes for which the student will want credit; and,
- Include the Registration Fee in the amount of \$75, which is nonrefundable;
- Mail your completed Application for Admission with the above listed documents. Breining Institute offers open enrollment, so you may submit your application at any time.

### ***Step 2: Registrar Evaluation***

As soon as the student has completed the Application requirements, the information is sent to the Registrar for evaluation.

**Step 3: Creation of the Program of Study**

After the complete Application has been evaluated, a personalized program of study showing the courses required to graduate is created and sent to the applicant by mail.

**Step 4: Enrollment Process**

If offered acceptance, you will be mailed an Enrollment Agreement which you must review, sign, and return to Breining Institute before beginning classes. This agreement includes items pertaining to the program of study into which you have been admitted, tuition, books, payments and prepayment options.

**Step 5: Admissions Exam**

Breining Institute employs an admissions examination to evaluate incoming students' skill level in basic reading, spelling and problem solving. Breining Institute will not admit a student if the student appears to be obviously unqualified or who does not appear to have a reasonable prospect of completing the program. The exam typically takes less than an hour to complete and is administered at no cost to students. This examination is administered by on-line delivery and the student must achieve a passing score of 60% on the admissions examination.

**Step 6: Getting Started**

The applicant is accepted once the Enrollment Agreement is signed, returned, and processed and the student has passed the Admissions Exam.

**PREREFERRAL PROCESS**

Prereferral is the process that involves identifying problems that might be experienced by students in the regular classroom or in on-line instruction, identifying the source of the potential problems (student, teacher, curriculum, environment, etc.), and taking steps to resolve the problem prior to admission. The process starts with the completion of the Admissions Exam. Follow-up advisement occurs in the event that the Admissions Exam is not passed to develop strategies to promote success.

**REFERRAL**

Upon demonstration before or after enrollment that a student's needs (educational and/or occupational) cannot be met by the education programs offered by the college, referrals are made to community resources that may include English proficiency, counseling, alternative education providers (general and/or special education), alternative career counseling, medical and emotional health care providers.



## **TRANSFER OF CREDIT POLICY**

Breining Institute does not accept transfer of credit for any of its certificate programs at this time.

## **Experiential Credit and Challenge Examinations**

Breining Institute does not award experiential credit, credit based upon challenge examinations or achievement tests.

## **Articulation Agreements**

There are currently no transfer or articulation agreements between Breining Institute and any other college or university.

## **Transfer out**

Breining Institute is a leader in offering quality Addictive Disorders Studies education. The Addictive Disorders Studies major and the Breining Institute courses are not widely available in other colleges and universities. Each institution has its own transfer for credit policy, and students who will seek to transfer units earned at Breining Institute in this major should check with the institution to which they will seek credit before they complete Breining Institute courses to determine if the courses will transfer for credit into the programs offered at the other institution.

### **"NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT OUR INSTITUTION"**

"The transferability of credits you earn at Breining Institute is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the degree, diploma, or certificate you earn in any Breining Institute educational program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or degree, diploma, or certificate that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Breining Institute to determine if your credits or degree, diploma or certificate will transfer."

# Academic Information

## Academic Affairs

The academic affairs department, through the academic dean, primarily serves as the institutional voice for curriculum research and selection, instructional design, course development, faculty selection, articulation, student retention, outcomes assessment, and oversight for the college.

## Instructional Model

Breining Institute's goal is to provide a high-quality educational experience to both students and faculty through on campus and online learning using innovative technologies and teaching techniques.

## Academic Quarter

Breining Institute operates on a quarter system and courses are awarded quarter credit. Quarters are 12-weeks in length. If a student transfers over credit taken at a semester-based institution, the credit is converted to the quarter equivalent. One semester credit is equivalent to 1.5 quarter credits.

## Holidays

The Breining Institute campus is closed on the holidays listed below.

- New Year's Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Christmas Day

## ACADEMIC STANDARDS

### Dismissal

A student may be dismissed for reasons which include, but are not limited to, any of the following:

- Plagiarism;
- Cheating or other academic dishonesty;
- Disruption of the educational or administrative process;
- Physical abuse or the threat of physical abuse to students or faculty;
- Sexual harassment;
- Theft of school property;
- Possession or use of explosives or deadly weapons;
- Lewd, indecent or obscene behavior on Breining Institute property;
- Soliciting or assisting another to an act which would subject a student to a serious school sanction;
- Any action which would grossly violate the purpose of the Breining Institute or the rights of those who comprise the school;
- Failing to complete the registration process;
- Failing to attend when attendance is required;

- Failing to complete assignments when due;
- Failing to maintain Good Academic Standing;
- Failing to pay tuition and fees when due; or
- Violating the College Alcohol & Drug Policy.

If the student faces dismissal, then notification will be made by mail or e-mail through Academic Affairs. A student who disputes this action should contact the Dean of Academic Affairs and prepare a written response to the notification. Decisions by the Dean of Academic Affairs are final.

Faculty assesses the quality of the students' contributions during the course by grading each assignment. Assignments include: Reading assignments, Research assignments, written essays, on-line tests, and final exams. Each student is required to submit all assignments when due.

Points for assignments are awarded based on the following criteria. Student's work should:

- Demonstrate mastery of the course objectives
- Reflect original thought and reflection on the course topics
- Reflect content offered in the assigned course readings and feedback from the Faculty
- Demonstrate evidence of critical thinking, thorough reading, and analysis of the material being studied and discussed

A student may have one the following Academic Status Types: Good Academic Standing, Academic Probation, Academic Dismissal. Any student who maintains Satisfactory Academic Progress by meeting the minimum 2.00 Grade Point Average and assignment completion will remain in Good Academic Standing. Any student who does not meet the minimum 2.0 cumulative GPA may receive a written notice and be placed on Academic Probation status. If a student shows acceptable improvement of their cumulative GPA during their probationary period the student will be removed from academic probation. Any student who does not earn the minimum cumulative 2.00 GPA or satisfy the minimum credit completion earned while on Academic Probation will be subject to Academic Dismissal.

Academic Dismissal means that the student has not maintained satisfactory academic standards and is involuntarily separated from the college. A student who is academically dismissed may not be readmitted before the lapse of at least one quarter. A student notified of academic dismissal may not appeal the decision. Upon the passing of one quarter, the student will be permitted to re-apply for enrollment and to demonstrate any mitigating circumstances that explain the prior unsatisfactory academic performance and a likelihood of success if allowed to continue at Breining Institute.

### **Awarding of Grades**

Grades are awarded by the Faculty for class attendance (when required) and completed assignments.

The Grading system is based on letter grades and points per grade are as follows:

4.00 points	=	A
3.70 points	=	A-
3.30 points	=	B+
3.00 points	=	B
2.70 points	=	B-
2.30 points	=	C+
2.00 points	=	C
1.70 points	=	C-
1.30 points	=	D+
1.00 points	=	D
0.70 points	=	D-
0.00 points	=	Incomplete

### **Grading Criteria**

#### *A = Excellent*

The student has demonstrated a thorough understanding of the content and skills presented in the course and consistently initiates thoughtful inquiry. The student writes logically and clearly. He or she also integrates ideas throughout the course and, as appropriate, from previously completed courses in a program.

#### *B = Good to very good*

The B student is an excellent writer and maintains consistent performance and understanding of course content that goes beyond the minimum requirements.

#### *C = Satisfactory*

The C student demonstrates a minimal comprehension of the skills and subject matter included in the course and accomplishes only the minimum requirements, while displaying little or no initiative.

#### *D = Below average*

The student's performance is barely acceptable. Assignments are late or missing and there is not even a minimal understanding or mastery of course content skills.

#### *F = Failing*

Quality and quantity of work is unacceptable.

#### *W = Withdrawal*

Students who officially withdraw prior to completing the course will receive a "W" if the faculty member determines that the student was passing the course or cannot make a determination whether the student was passing or failing at the time of the withdrawal. The grade is not calculated in the GPA.

#### *IP = In Progress*

Coursework will have a designed In Progress status when the course has started but a final grade has not been assigned. No quality points are assigned to In Progress coursework and there is no associated GPA.

**Attendance Policy**

No on-campus attendance is required for courses offered by distance learning.

The student should plan to allocate a minimum of ten hours of study per week to complete a course when due.

**Leave of Absence Policy**

A student may request and be granted a leave of absence by the Dean of Academic Affairs and, if in good standing, may be readmitted. The student will be required to follow the admission policies of the catalog in effect at the time of the readmission, and will be required to pay a re-entrance fee equal to the then-current registration fee.

**Alcohol & Drug Policy**

The unlawful possession, use, or distribution of illicit drugs and alcohol by students on college property is strictly prohibited. Local, state, and federal laws prohibit the unlawful use, manufacture, possession, control, sale and dispensation of any illegal narcotic or other drugs. These laws carry penalties for violations, including monetary fines and imprisonment.

Possession or consumption of alcoholic beverages by students on college property is strictly prohibited. Public intoxication is prohibited. Students may be considered to have violated the college policy prohibiting public intoxication if their level of impairment attracts the attention of college, town, or other officials and/or warrants medical care or custody by police.

**Academic Honesty**

Academic honesty is essential at Breining Institute. Students must always submit work that represents their original words or ideas. The student must make clear the extent to which sources were used. Words or ideas that require citation include, but are not limited to, all hard copy or electronic publications, whether copyrighted or not, and all verbal or visual communication when the content of such communication clearly originates from an identifiable source.

The Breining Institute policy on academic honesty is an attempt to discourage students from obtaining or attempting to obtain credit for work through the use of any dishonest, deceptive, fraudulent, or unauthorized means. Academic dishonesty includes but is not limited to cheating on writing assignments and quizzes, plagiarism, and any act that gives an unfair academic advantage to a student.

Academic dishonesty which is prohibited includes but is not limited to:

- Using words or ideas that do not represent the student's original work in assignments
- Failing to cite all relevant sources used as reference material
- Submitting another person's entire work or work that was produced through collaboration with another student as one's own
- Submitting work done in one course to satisfy the requirements of another course unless both instructors agree beforehand to accept such work
- Forging or altering documents. These include transcripts, add/drop forms, or any academic form that has been falsified or on which a professor's signature, or

anyone else's signature, has been forged or altered

Instances of academic dishonesty may result in any one or more of the following:

- Required resubmission of the assignment (possibly for fewer points)
- Failure on the assignment
- Additional assignment(s)
- Reduction of the final course grade
- Failing grade in the course
- Removal from class
- Disciplinary action which might include, but is not be limited to, loss of credit, probation, suspension or dismissal from the College

All actions will be reviewed on a case-by-case basis by the Dean of Academic Affairs, and the resultant action taken will be based on the severity of the offense. The decision of the Dean is not appealable by the student.

## **DISTANCE LEARNING EDUCATION**

The Breining Institute program of instruction can be completed by Distance Learning. Distance learning is instructional delivery that does not require the student to be physically located in the same site as the instructor. Course materials are provided to the student using computers with Internet access. This will include text content such as course outlines and course assignments. Some courses also require textbooks and other supplementary materials, which can be ordered online. To show what the student has learned, the student will submit assignments and essays to the instructor via email.

The student should plan to allocate a minimum of ten hours of study per quarter unit to complete a course (ten hours of study per week to complete course assignments when due). When a student submits an outline, essay, reading or research assignment for Faculty review, feedback and/or grading, the Faculty response and/or evaluation will be provided to the student in writing or by telephone, as appropriate, within approximately 10 days.

**Specific Provisions for Instruction Not in Real Time.** If you enroll in a distance educational program where the instruction is not offered in real time, the first lesson and any materials shall be transmitted to you within seven days after the institution accepts you for admission. You have the right to cancel the agreement and receive a full refund pursuant to 5 CCR section 71750 before the first lesson and materials are received. Cancellation is effective on the date written notice of cancellation is sent. The institution shall make the refund pursuant to 5 CCR section 71750. If the institution sent the first lesson and materials before an effective cancellation notice was received, the institution shall make a refund within 45 days after the student's return of the materials. An institution shall transmit all of the lessons and other materials to the student if the student: (A) has fully paid for the educational program; and (B) after having received the first lesson and initial materials, requests in writing that all of the material be sent. If an institution transmits the balance of the material as the student requests, the institution shall remain obligated to provide the other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by the student, but shall not be obligated to pay any refund after all of the lessons and material are transmitted.

### **Computer Requirements and Recommendations**

The student **must have** access to a PC or Mac-based computer to participate in the courses. Students are expected to have access to the technology requirements as Breining Institute is not obligated to and does not supply the needed technologies including software and hardware. Students who do not have personal access to a computer are encouraged to inquire as to the availability at their local public library.

For the student to get the most out of our online courses, we recommend that the student have access to the following computer setup.

Minimum suggested Windows browser software:  
Microsoft Internet Explorer 7.0 or later  
Mozilla Firefox 2.0 or later

Minimum suggested Mac OS browser software:  
Mozilla Firefox 3.0 or later

#### Browser Plug-ins:

Some of the suggested plug-ins may already be installed on your computer. If they are not, they are available for free download for both the Microsoft Windows and Macintosh operating systems.

- Adobe Acrobat Reader, which is needed to view and print supplemental PDF files
- RealOne Player, which is needed to listen to and watch supplemental audio and video
- Adobe Flash Player and Shockwave Player, which are needed to view other types of multimedia content

#### Browser Settings:

We suggest that you have both JavaScript and cookies enabled in your browser's settings to successfully use our online courses.

#### Operating System and Other Software:

In general, the operating system (PC, Macintosh, etc.) your computer uses, as well as what version of that operating system is installed, is not important when you take one of our courses. Meeting the browser requirements above should suffice.



# Cancellation, Withdrawal, and Refund Policies

## **Cancellation of Enrollment Agreement**

A student may cancel an enrollment agreement and the notice of cancellation must be in writing. Breining Institute will refund 100 percent of the amount paid for institutional charges, less the non-refundable Registration Fee of \$75.00, if written notice of cancellation is made the seventh day after enrollment, or made before the first lesson and materials are received in a distance learning program. Breining Institute will pay or credit refunds within 45 calendar days of a student's cancellation.

Cancellation shall occur when the student gives written notice of cancellation at the address of the school. This can be done by US postal mail, hand delivery or e-mail. The written notice of cancellation is effective when received by the college. The written notice of cancellation need not take any particular form and, however expressed, it is effective if it shows that the student no longer wishes to be bound by the enrollment agreement.

## **Withdrawal from course**

A student may withdraw from a course of instruction at any time. A withdrawal may also be effectuated by the student's conduct, including, but not necessarily limited to, a student's lack of progress. If the student withdraws from the course of instruction after the period allowed for cancellation of the enrollment agreement, Breining Institute will remit a refund within 45 calendar days following withdrawal as follows:

### Addiction Studies Certificate Program

450 hour course – transmitted electronically by Series:

1100 Series	(50 hours)	\$195
1200 Series	(50 hours)	\$195
1300 Series	(140 hours)	\$546
Counseling Series	(100 hours)	\$390
1500 Series	(30 hours)	\$117
1600 Series	(50 hours)	\$195
1700 Series	(30 hours)	\$117

Students are scheduled to complete a minimum of 10 hours per week. Lessons and materials are transmitted per individual Series as listed above.

Refund policy: The Breining Institute Addiction Studies Certificate Program is offered on a pay-as-you-go type plan in a distance learning format. Breining Institute will transmit the first Series of study within 7 days of acceptance and the charge for that Series will be nonrefundable upon its transmittal. As each Series is completed, the charge for the next sequential Series will be invoiced and the Series transmitted to the student upon payment. The charge for the Series transmitted will be nonrefundable upon its transmittal.

Upon a student's written request, Breining Institute will transmit all of the Series listed above to the student if the student: (A) has fully paid for the educational program; and

(B) after having received the first Series and initial materials, requests in writing that all of the Series be sent. If Breining Institute transmits the balance of the material as the student requests, Breining Institute will continue to provide the other educational services it agreed to provide, such as responses to student inquiries, student and faculty interaction, and evaluation and comment on lessons submitted by the student, but will not be obligated to pay any refund after all of the Series are transmitted.

The student shall be liable for the amount, if any, by which earned tuition exceeds the tuition paid at the time of withdrawal. IF THE AMOUNT THAT THE STUDENT HAS PAID IS MORE THAN THE AMOUNT THAT THE STUDENT OWES FOR THE TIME ATTENDED, THEN A REFUND WILL BE MADE WITHIN 45 DAYS OF WITHDRAWAL. IF THE AMOUNT THAT THE STUDENT OWES IS MORE THAN THE AMOUNT THAT THE STUDENT HAS PAID, THEN THE STUDENT WILL HAVE TO CONTINUE TO MAKE TUITION PAYMENTS UNTIL THE BALANCE OWING IS PAID IN FULL.

If any portion of the institutional charges were paid from the proceeds of a loan and/or by an agency or third party for the benefit of the student, then the pro rata refund will be made to the lender or to the agency or to the third party payor, if any, if Breining Institute is made aware, in writing, of the loan or third party payment at the time that payment is made to Breining Institute. Any remaining refund over that amount which was paid by the lender or third party payor will be paid to the student.

Breining Institute does not collect money from students for transmittal on the student's behalf to a third party for a bond, library usage, or fees for a license, application, or examination.

## TUITION, FEES AND FINANCIAL ASSISTANCE

### Tuition Schedule

#### Quarter Credit Hour as of September 1, 2011

##### Tuition:

Certificate program                      \$ 39/Quarter unit

Tuition and fees are subject to change at the discretion of Breining Institute.

Tuition is the student cost for all course instruction and student support. In the Certificate Program, standard courses consist of one to five Quarter units. With the exception of the Fast Track Section of the Certificate Program (in which students enroll in 17 Quarter units), students typically enroll in one course at a time.

##### Fees

The following **nonrefundable** fees are in effect:

Registration fee	\$ 75.00
Deposit	\$ 250.00
Transcript evaluation fee	\$ 40.00
Returned check charge	\$ 30.00
Refund request processing fee	\$ 20.00
Late payment fee	\$ 25.00 / month
Additional transcripts, per copy	\$ 25.00
Duplicate Diploma Fee	\$ 50.00
Addiction Counselor Exam (ACE)	\$ 175.00
Private-practice / Clinical Supervisor Exam (PCS)	\$ 175.00

##### Schedule of total charges

The following is an estimate of total charges for the entire education program listed by program:

Certificate Program (Full Program)  
45-units @ \$39 unit = \$1,755 Tuition  
Application fee \$75  
Study Guide \$139.75 (including tax and shipping)  
On-line exams \$10 / Series for seven Series of study = \$70  
Addiction Counselor Exam (ACE) = \$175.00  
TOTAL  
\$2,214.75

BPPE-required notice: "The schedule of total charges for a period of attendance and an estimated schedule of total charges for the entire educational program is one and the same."

##### Books

The cost of books will vary depending on the course. Students are expected to

purchase all books and supplies necessary for the course in which enrolled. The cost of books and other study materials is not included within tuition.

### **Tuition Assistance**

Traditional student loans are not available through Breining Institute, and Breining Institute does not participate in federal and state financial aid programs. Breining Institute does not extend credit or consumer loans to students. At this time, Breining Institute does not participate in Federal Student Aid (FSA) programs and cannot process a request or assist with a deferment of a Title IV school loan. A student may want to contact their loan's current servicer or the guaranty agency for any other options that may exist.

### **LOAN TO PAY FOR AN EDUCATIONAL PROGRAM**

California Education Code, Title 3, Division 10, Part 59, Chapter 8, Section 94909(a)(11) If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the money not paid from federal student financial aid program funds.

Tuition and fees paid through the Veterans' Administration, California Department of Vocational Rehabilitation, Workers' Compensation, or Workforce Investment Act are acceptable if the student meets Breining Institute's admissions criteria. (Qualified disabled Veterans may be eligible for tuition assistance under Chapter 31 by applying for benefits through their local office of the Department of Veterans' Affairs.) Because distance learning education is a convenient and affordable corporate training resource for employers, employer tuition reimbursement may be available and the student should contact his or her company human resources department for information about their tuition reimbursement benefits and how to apply.

Breining Institute does offer payment schedules on a pay-as-you-go type plan. There are no origination fees and no interest charges for pay-as-you-go plans. Examples of currently offered payment plans are as follows:

#### **Certificate Program PAY AS YOU GO**

Series 1100	5 units	\$195
Series 1200	5 units	\$195
Series 1300	14 units	\$546
Series 1500	3 units	\$117
Series 1600	5 units	\$195
Series 1700	3 units	\$117
Counseling Series	10 units	\$390

Breining Institute reserves the right to cancel any payment plan if the student fails to make a payment when due.

**All fees and charges must be paid in full before completion certificates or diplomas are issued.**

## **Methods of Payment**

Cash, check and money orders are accepted, as are VISA, MasterCard and Discovery.

## **BANKRUPTCY DISCLOSURES**

The following statement is required to be included here by California law:

*Breining Institute does NOT have pending a petition in bankruptcy, is NOT operating as a debtor in possession, has NOT filed a petition within the preceding five years, and has NOT had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code.*

## **PLACEMENT SERVICES**

Breining Institute does not offer formal placement services and does not have a placement office. Breining Institute makes no representation that any of its programs will lead to employment.

## **STUDENT TUITION RECOVERY FUND DISCLOSURES**

It is a state requirement that a student who pays his or her tuition is required to pay a state-imposed assessment for the Student Tuition Recovery Fund. The purpose and operation of the Student Tuition Recovery Fund and the requirements for filing a claim against the Student Tuition Recovery Fund are as follows, using specific language required by the BPPE:

The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program.

It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the Bureau for Private Postsecondary Education, 1747 North Market, Suite 225, Sacramento, CA 95834, (916) 574-8900 or (888) 370-7589.

To be eligible for STRF, you must be a California resident or enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

1. The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.

2. You were enrolled at an institution or a location of the institution within the 120 day period before the closure of the institution or location of the institution, or were enrolled in an educational program within the 120 day period before the program was discontinued.
3. You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
4. The institution has been ordered to pay a refund by the Bureau but has failed to do so.
5. The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law, or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
6. You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
7. You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF.

A student whose loan is revived by a loan holder or debt collector after a period of noncollection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law.

However, no claim can be paid to any student without a social security number or a taxpayer identification number.

## **FACILITIES AND EQUIPMENT**

The classroom for the on-campus class sessions is located at 8894 Greenback Lane, Orangevale, CA 95662 in the building that also houses a Bank of America branch location. The heated and air-conditioned classroom is equipped with white boards, table workspaces and comfortable chairs. Other than audio-visual equipment used in the delivery of lectures, there is no equipment used by the Faculty or the students in this classroom setting.

The Breining Institute Bookstore is located adjacent to the main classroom. The Bookstore will be open and books may be purchased one-half hour before all on-campus classes. The Bookstore is available to distance learning students by appointment, which can be scheduled through the Office of Academic Affairs by calling (916) 987-2007. In addition, distance learning students, educators, employers, and members of the general public can purchase books on-line to be shipped from the Breining Institute Bookstore.

## **Parking**

There are no parking fees, and there is adequate parking space for all students at the 8894 Greenback Lane campus building.

## **Library Access**

All required textbooks are available for purchase through the Breining Institute website at [www.breining.edu](http://www.breining.edu).

If a student is unable to purchase a textbook, all required textbooks are also available for review at the Breining Institute Library, at our campus located at 8894 Greenback Lane, Orangevale, California 95662. Library hours are Monday through Friday, 9:00 am to 3:00 pm, but you must make an appointment to visit the library by contacting the College by email at [Administration@Breining.edu](mailto:Administration@Breining.edu), or by telephone 916-987-2007.

Out-of-area and/or distance learning students who need to obtain a library copy of the required textbooks may request their local library submit a request for free Breining textbooks to Breining Institute, which Breining will mail directly to the library.

For various assignments, students will also be directed and/or encouraged to use Internet electronic library resources for ebooks, scholarly journals, and other reliable sources. The Breining Institute *Journal of Addictive Disorders* is available, at no charge, at our web-site [www.breining.edu](http://www.breining.edu).

## **STUDENT SERVICES**

### **Academic Affairs Office**

The Academic Affairs department is responsible for providing personalized, proactive, responsive service to enhance student engagement. The various sections of the department, including the registrar, admissions director, credit evaluation, and Faculty Mentors form the nucleus of the student support teams.

### **Registrar**

The office of the registrar serves as the institutional administrator for academic information and records that support faculty, staff, and students. Services provided by the registrar include:

- Management of student academic records
- Course registration and enrollment verification
- Providing official and unofficial transcripts
- Assessment and conferral of certificates
- Consulting on academic policies and procedures
- Informing students, faculty members, and staff of their rights and responsibilities for their educational records, access, and privacy

### **Mentors and Faculty Advisors**

Academic assistance, guidance, and support are provided through Faculty Mentors who can also provide professional experience within their respective fields. During regular

business hours, students will have the opportunity to schedule time with a faculty member either on campus or at the faculty member's place of business. Faculty Mentors are also available by phone, fax and e-mail to assist students who complete their programs by distance learning.

Faculty Mentors are available to provide support in areas that include:

- Motivating the student to stay on track to complete on time
- Answering procedural questions related to grading and scheduling
- Assisting students in selecting their next courses

### **Student Housing**

Breining Institute does not provide student housing and there are no dormitory facilities provided.

BREINING INSTITUTE ACCEPTS NO RESPONSIBILITY TO FIND OR ASSIST A STUDENT IN FINDING HOUSING, AND IT IS THE SOLE RESPONSIBILITY OF THE STUDENT TO PROCURE HOUSING.

### **Health Services**

Breining Institute does not offer on campus health services. Services are provided by Sacramento County which operates a Health Center Clinic, 4600 Broadway, Sacramento 95820, (916) 874-8277 and a Mental Health Treatment Center, 2150 Stockton Blvd., Sacramento 95817, (916) 875-1000.

### **Student Interaction**

Breining Institute encourages students to interact with each other in order to gain the most from the educational process offered here. Although many students are working professionals with full time employment commitments elsewhere, the school campus has several group rooms which may be used by the students before scheduled classes. Students who wish to use these study rooms for group discussion and/or study may schedule such use through Academic Affairs.

### **International Students**

Students who are not citizens or permanent residents of the United States are considered for admission to Breining Institute on the basis of academic preparation and personal qualifications. To apply, the student completes the six steps listed above in the Application and Enrollment Process section. Transcripts in languages other than English must be accompanied by a certified translation.

### **English Language Instruction**

Breining Institute does not provide English as a second language instruction, and does not provide any other English language services.

Instruction will occur only in the English language. Students who pass the Breining Institute Admissions Examination by achieving a passing score of 60% or higher will demonstrate sufficient English language proficiency.

### **Visa**



Breining Institute does not provide visa services and will not issue the Form 1-20 needed to apply for a student visa. Breining Institute does not vouch for student status, with the exception of providing a student with an official transcript. No fees or charges associated with student visas (including but not limited to SEVIS I-901 fees) will be assessed to, collected from, or transmitted for or on behalf of Breining Institute students.

## **RECORDS**

### **Educational Rights and Privacy Act of 1974**

All education records of students who enroll at the Breining Institute are maintained in accordance with the provisions of the Family Educational Rights and Privacy Act of 1974, Public Law 93-380, as amended.

Breining Institute is required by law to maintain records of the name, address, e-mail address, and telephone number of each student who is enrolled in an educational program. For each student granted a certificate by Breining Institute, the college must maintain permanent records of:

- The certificate granted and the date on which that certificate was granted;
- The courses and units on which the certificate was based; and
- The grades earned by the student in each of those courses.

### **Records retention**

Breining Institute will maintain, for a period of not less than five years, at its campus located at 8894 Greenback Lane, Orangevale, CA the complete and accurate records of:

- The educational programs offered by the institution and the curriculum for each;
- The names and addresses of the members of the institution's faculty and records of the educational qualifications of each member of the faculty;
- Any other records required to be maintained by law, including, but not limited to, documentation of performance data if required by law.

## **GRADUATION POLICY**

To receive a Certificate, a student must satisfy requirements related to credits, grade point average, program of study and courses. It is the student's responsibility to ensure that all requirements for graduation have been met and are completed in a timely manner.

Once a student has determined that all requirements have been met, the student submits a Graduation Application, which form can be obtained from the Academic Affairs office. The conferral date is the date on which a student's certificate is officially awarded. After completing all courses and before submitting a completed graduation application, students must resolve any outstanding financial obligations. After all academic and administrative requirements have been met, students will receive an official transcript and their diploma.

# Courses

## COURSE NUMBERING SYSTEM

**1100–1999** Lower Division courses in the Certificate program.

## COURSE DESCRIPTIONS

### Lower Division - Undergraduate Level Courses

1101 1 unit

#### **Introduction and History**

An introduction to chemical dependency; an historical review of alcohol and drug use and abuse; a study of the social, political, religious and cultural efforts.

1102 1 unit

#### **Program Approaches**

A study of national and local program approaches in addressing addiction; a review of treatment facilities, recovery homes, hospitals, out-patient clinics, NCA, NIAAA, private therapy, etc.

1103 1 unit

#### **Family Systems**

A study of family dynamics in addiction, and the roles played by members of the dysfunctional family unit effected by alcoholism and drug abuse.

1104 1 unit

#### **Development of Personality**

A study of human development and personality; an investigation into the theories of Hippocrates, Freud, Jung, Adler and Erikson as they relate to the structure of denial as a defense mechanism.

1105 1 unit

#### **Cultural Differences**

An investigation of the various cultural and ethnic differences in special populations and minorities, and the differing views on alcohol and drug use.

1201 1 unit

#### **Prevention and Education**

An investigation of community education and prevention efforts; a study of federal, state and county programs.

1202 1 unit

#### **Intervention Techniques**

An investigation of intervention and referral approaches; a study of DDP, SB-38, MADD, AS-PI/CPC, and a review of community resources.

1203 1 unit

**Employee Assistance Programs**

An overview of the history and significance of the employee assistance programs (EAPs) now in effect.

1204 1 unit

**Legal and Confidentiality Issues**

A study of the laws relating to alcohol and drug use and abuse, and a review of the state and federal laws of confidentiality.

1205 1 unit

**Self-help/Twelve Step Therapy**

A study of the psychotherapeutic value and dynamic of the 12 Step and self help groups; a review of the jargon, sponsorship and structure.

1301 1 unit

**Disease of Addiction**

An introduction to the disease of alcoholism and addiction; a study of the controversy of controlled drinking (Rand, Sobell, Pendry, etc.)

1302 1 unit

**Physiology and Pharmacology**

An overview of the physiology and pharmacology of the drug alcohol and other psychotropic mind-altering legal drugs, and their effect on the central nervous system.

1303 1 unit

**Illicit Drug Abuse**

An overview of cocaine, crack, crank, heroin, speed and other illicit drugs of abuse, and the effect on the central nervous system and neurotransmitters.

1304 1 unit

**Medical Treatment**

A study of the medical treatment for alcohol and other drug withdrawal; an examination at antagonist drugs and the recovery process with anti-depressant use.

1305 1 unit

**Fetal Alcohol/Drug Syndrome**

An investigation of the fetal alcohol and drug syndromes; a review of the effects on sexuality, gender and geriatrics in the addictive process.

1306 1 unit

**Nicotine Addiction & Treatment**

An introduction to the study of nicotine addiction, especially cigarette smoking, and an overview of the physiological, societal, commercial and environmental effects of smoking.

1307 1 unit

**Eating Disorders & Treatment**

An introduction to the study of eating disorders, bulimia, anorexia and an overview of the physiological and societal effects of this condition.

1308 1 unit

**Gambling Addiction & Treatment**

An introduction to the study of compulsive, pathological gambling in all its forms, from horse racing, to casino to Internet wagering.

1309 1 unit

**Inappropriate Sexual Addiction & Treatment**

An introduction to the study of compulsive, pathological sexual activity in its many forms.

1310 1 unit

**Codependency Addiction & Treatment**

An introduction to the study of dysfunctional codependency, especially that which perpetuates itself, and an overview of the physiological and societal effects of this condition.

1311 1 unit

**HIV/ARC/AIDS/Communicable Diseases**

An investigation HIV and ARC, AIDS, and other communicable diseases; a review of the relationships between these diseases and addictive populations.

1312 1 unit

**Perinatal Care and CD**

An investigation of perinatal care and the effects of chemical dependency during pregnancy.

1401 1 unit

**Role/Responsibility of the Counselor**

A study of the role and responsibility of the counselor in setting goals and expectations; establishing trust and insight; dealing with transference, compliance and denial; and a study of the ten traits of natural therapy.

1402 1 unit

**Individual Counseling Techniques**

A study of the techniques of individual counseling and couples counseling with alcohol or drug abusing problems as a primary consideration.

1403 1 unit

**Group Counseling Techniques**

A study of the techniques of group counseling and the dynamics of the group process with addicts, alcoholics and codependent clients.

1404 1 unit

**Family Counseling Techniques**

A study of the dynamics, roles and techniques of family counseling when alcohol or other drugs are a primary dysfunctional characteristic of the family unit.

1405 1 unit

**Adolescent Counseling**

A study of the special problems in counseling and directing adolescent alcohol and drug abusers; an examination of how to deal with the affected family members.

1406 1 unit

**Dual Diagnosis/DSM IV/Co-occurring Disorders/PTSD**

A study of the special problems in co-occurring disorders and dual diagnosis issues; the use of the Diagnostic and Statistical Manual of Mental Disorders in addictive disorders; an examination Post Traumatic Stress Disorder.

1501 1 unit

**Personal Growth**

An investigation and study of the methods in assessing one's own strengths, weaknesses, spiritual condition and personal growth.

1502 1 unit

**Professional Growth**

A review of the needs for professional growth and the means to achieve and maintain standards of excellence.

1503 1 unit

**Relapse and Burn-out Issues**

A study of the dynamics of relapse, burn-out and the special issues of the recovering counselor.

1504 1 unit

**Therapeutic Approaches**

A review of the various therapeutic approaches to the counseling of alcoholics and addicts, from Rogerian to RET, from Reality Therapy to TA.

1505 1 unit

**Assertiveness Training**

A workshop in assertiveness for the counselor; a review of the passive, aggressive antagonist client; a study on dealing with difficult people.

1601 5 units

**Twelve Core Functions**

An in-depth study of the twelve core functions involved in the alcoholism and drug abuse treatment field. An investigation of the step-by-step process of: screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, client education, referral, reports, record-keeping and consultation.

1701 5 units

**Case Management**

An intensive examination and workshop in creating the case presentation. The student will prepare an actual or typical case, from admission to discharge, present in to the class, and have it critiqued and reviewed. The student will prepare and defend a final draft of the case to the course instructor for review and acceptance.