



Way

the

Leading

HONORING TRADITION,  
CELEBRATING NEW PARTNERSHIPS

Sheraton Gateway Los Angeles, CA  
April 17-19 2015

*California Association for Alcohol/Drug Educators*



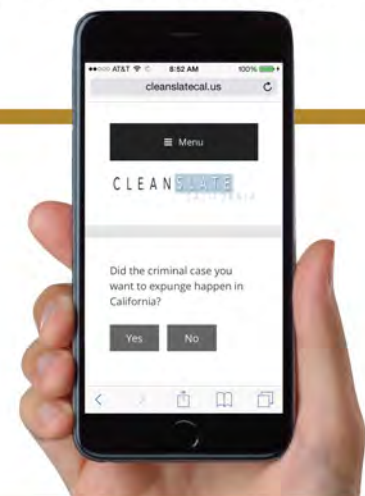


## Criminal record expungement program

- Attorney-assisted, self-help program, to clear up California convictions
- Attorney representation on required court appearances for felony reduction and expungement
- Employment is the reason most cited for wanting to clean up criminal records
- California law prohibits employers from asking about arrests that did not end in conviction, or about convictions that have been judicially dismissed

## We can help you:

- Determine if you are eligible to expunge your convictions
- Obtain a copy of your criminal record
- Provide you an expungement package to file with the Court
- Start with the free eligibility test at [www.CleanSlateCal.com](http://www.CleanSlateCal.com)



Services provided by Law Offices of  
Breining Kistner LLP  
[www.bk-law.us](http://www.bk-law.us)

# LEADING THE WAY

*From the CAADE President & Executive Director:  
Welcome to Leading the Way 2015*

As President of the CAADE Board of Directors, I am pleased to welcome you to the 2015 Leading the Way Conference — *Honoring Tradition, Celebrating New Partnerships*. CAADE is celebrating 30 years since its incorporation in 1985, and this is our **29th** annual conference. This year we are delighted to welcome Breining Institute members to the CAADE Community. I am certain that this year's conference will enlighten and challenge everyone, whether it is your first CAADE Conference or you have been coming for years. We are proud to once again offer you an exciting lineup of presenters and events.



**Greg Granderson**

Putting together a quality conference of this magnitude takes a tremendous amount of work and dedication. I want to personally thank our Executive Director, Lori Phelps, as well as our great staff and volunteers, for the time and effort they put forward every year to make our conferences informative and successful.

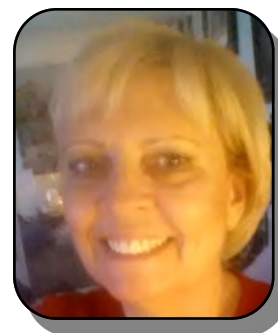
I look forward to meeting and connecting with you in the days ahead. Enjoy the conference!

Cordially, *Greg Granderson*

California Association for Alcohol/Drug Educators

## ***Honoring Tradition, Celebrating New Partnerships***

The theme of our 29th annual CAADE Conference, *Honoring Tradition, Celebrating New Partnerships*, characterizes the intentions of our organization as we move through the challenges of some dramatic changes. While we recognize the need to adapt as our profession redefines its standards, we are proud to remain loyal to our mission: *supporting and promoting quality higher education in addiction studies*.



**Lori Phelps**

I extend a sincere "welcome home!" to our new members from Breining. We are honored that you have joined us. And to all of our dedicated, long-time CAADE members, "welcome back!" You are all so important to us. We hope that everything we have put together for you this weekend is educational, and fun, too! Learn and enjoy.

Warm regards, *Lori Phelps*

California Association for Alcohol/Drug Educators



# LEADING THE WAY

## Certified Addictions Treatment Counselor

**V**

**CATC V** The individual with a CATC V has a Doctorate in Addiction Studies or a related field from a regionally accredited college or university, and has met the requirements of the Basic CATC.

**IV**

**CATC IV** The individual with a CATC IV has a Master's Degree in Addiction Studies or a related field from a regionally accredited college or university, and has met the requirements of the Basic CATC.

**III**

**CATC III** The individual with a CATC III has a Bachelor's Degree in Addiction Studies or a related field from a regionally accredited college or university, and has met the requirements of the Basic CATC.

**II**

**CATC II** The individual with a CATC II has an Associate's Degree in Addiction Studies or a related field from a regionally accredited college or university, and has met the requirements of the Basic CATC.

**I**

**CATC I** The individual with a CATC I has completed a CAADE accredited addiction studies program or equivalent at a regionally accredited college or university and has met the requirements of the Basic CATC.

**N**

**CATC N** The individual with a CATC N has a Nursing degree from a regionally accredited college or university (or a school approved by the California Board of Nursing), and has met the requirements of the Basic CATC.

**CATC**

**Basic CATC (Entry-Level)** The individual with a basic CATC meets the minimum addiction studies education requirements by completing 21 units or 315 hours in AOD education from a CAADE accredited or certified program (or equivalent), 250 hours of supervised practicum fieldwork, and 2080 hours of supervised internship, along with passing the CATC exam or other NCCA approved examination per California regulations.

**The CATC Tiered System** encourages higher education by distinguishing individuals who have attained college and university degrees. The *Addiction Counselor Certification Board of California (ACCBBC)* proudly recognizes CAADE as the future of certification standards for addiction counselors in the State of California.

# LEADING THE WAY

## Table of Contents

Welcome.....	3
CAADE Tiered System.....	4
CAADE Board.....	7
CEHs & Logistics.....	8
Agenda at a Glance.....	9
Conference Schedule.....	12
Speaker Bios.....	20
CAADE Awards and Achievements.....	26
CAADE Staff.....	27
Exhibitors & Sponsors.....	30
Hotel Floor Maps .....	31

## Connect with the CAADE Community



[www.facebook.com/CAADE.CATC](http://www.facebook.com/CAADE.CATC)



[@CAADEtweet](https://twitter.com/CAADEtweet)



[www.linkedin.com/company/caade](http://www.linkedin.com/company/caade)



[www.youtube.com/user/CAADEchannel](http://www.youtube.com/user/CAADEchannel)

Antioch University Los Angeles is leading the way in providing higher education for the addiction treatment community.

# Complete your BA degree in as little as a year and a half!

Please see our table in the exhibitor's area  
for more information about our programs.

Advanced training for Addiction  
Treatment Counselors

## YOU ARE INVITED TO OUR UBER-INFO SESSION

If you are thinking about getting your undergraduate or master's degree, this is your big chance to get all (or at least most) of your questions answered.

**Saturday, May 9th**  
**12:00pm to 3:00pm**  
*(A delicious lunch will be served.)*








**Antioch University Los Angeles**  
400 Corporate Pointe  
Culver City, CA 90230  
Room A1000

Members of our Admissions and Financial Aid Departments, Addiction Studies Concentration, and BA Concentrations will be available to help you make the leap from community college to university.

There will be a demonstration of the postmodern approach to addiction counseling. Please let all of your peers (or peeps) know.

# RSVP

If you are interested in attending, please email Drew Williams at [dwilliams8@antioch.edu](mailto:dwilliams8@antioch.edu) or call at 818-675-0038.

 **CALL** 1-800-726-8462  
 **EMAIL** [admissions.aula@antioch.edu](mailto:admissions.aula@antioch.edu)  
 **CHAT** [www.AntiochLA.edu/admissions](http://www.AntiochLA.edu/admissions)  
 **VISIT** 400 Corporate Pointe, Culver City CA 90230  
 **SURF** [www.AntiochLA.edu](http://www.AntiochLA.edu)  
 **FOLLOW** @AntiochLA  
 **LIKE** /AntiochUniversityLA

**ANTIOCH**  
**UNIVERSITY**  
LOS ANGELES

# LEADING THE WAY

## CAADE Board of Directors

### Officers

**President — Greg Granderson, MS, CCS, *Santa Rosa Junior College***

**Immediate Past President — Ben Eiland, *Retired***

**Executive Director — Lori Phelps, PsyD, CATC V, *CSU Fullerton, Saddleback College***

**President Elect — To Be Announced April 17, 2015**

**VP-Northern — OPEN**

**VP-Central — Gordon Coburn, MFT, CATC IV — *Santa Barbara City College***

**VP-Southern — Jack Kearney, MDiv, CATC IV, *Training Institute for Addiction Counselors***

**Secretary — Fernando Mallory, MSW, CATV IV, *Long Beach City, Glendale College, Cypress College***

**Treasurer -- Benjamin Salazar, MFT, CATC IV, *Glendale College***

**Parliamentarian — Greg Granderson, MS, CCS, *Santa Rosa Junior College***

### Directors

**Kim Branch-Stewart, LCSW — *Saddleback College***

**James Evans, MS, CATC IV, CCS — *San Diego City College***

**Melinda Moneymaker, BS, CATC III — *San Bernardino Valley College***

**James "Robb" Robinson, MS — *San Bernardino Valley College***

**Paul Sharpe, MSW, CATC IV, CCS — *Mt. San Antonio College***

**William Shilley, MA, CATC IV, CCS — *Oxnard College***

**Don Wasson, MA, MFT, CATC IV — *Long Beach City College***

**Mike Webb, PhD, CATC V — *Oxnard College***

**Carlton Blanton, EdD — *CSULA (Emeritus), East LA CC***

### Emeritus Advisory Board

**Joan Harter, MS, CATC IV — *San Bernardino Valley College***

**Barbara Lawrence, MSW, CATC IV — *Palo Verde College, Grand Canyon University***

**Karen Taback, EdD — *East Los Angeles College***

**Robin Staton, MA CATC IV — *Imperial Valley College***

**Dennis Wade, MS, CATC IV, CATE — *Diablo Valley College, Napa Valley College***

### Addiction Counselor Certification Board of California

**Carlton Blanton, EdD — Chair, *CSULA (Emeritus), East LA CC***

**Mike Webb, Deborah White, Amy Atwell, Lorrie Linn Odell, Cyndie Dunkerson, Holly Wagner**

### General Counsel

**Wayne Kistner, Esq. — *Cypress College***

### Public Relations

**Tatiana Servin, MA, MFA — *CSUF***

# LEADING THE WAY

## CEHS & LOGISTICS

### Continuing Education Hours & Sign-In Requirement

Participants must sign in at each breakout session and complete evaluation forms in order to receive CEHs. Eighteen (17.5) CEHs have been approved by the California Association for Alcohol/Drug Educators (CAADE) for the full conference and 3 Laws & Ethics CEHs for the pre-conference. Members of NAADAC are also approved to receive 17.5 CEHs, and 3 CEHs for the preconference. See below for more information on board approvals.

All curriculum meets the educational qualifications for continuing education hours for RNs, MFTs and LCSWs as required by the California Board of Behavioral Sciences; for Certified Drug and Alcohol Counselors as established by the CCBADAC; and for Certified Addiction Treatment Counselors (CATC) as established by CAADE. BBS (PCE2170); BRN (CEP14656); CAADE (CP-30-694-P-0000); CCAPP (2N-02-483-0000); NAADAC (876).

Participants may use the certificate to apply for CEHs from other certification/licensing boards.

Preconference 3.0 hours (Laws & Ethics)

Friday Reception & Opening Banquet 4.0 hours

Saturday (including Luncheon & Town Hall Meeting) 10.0 hours

Sunday 3.5 hours

**TOTAL 20.5 hours (includes up to 9 Laws & Ethics hours)**

### Raffle and Door Prizes

Don't forget to purchase a 50/50 raffle ticket for your chance to win half of the earnings. In years past, the winning jackpot has been as much as \$800! Stop by the CAADE exhibit table for more information, or look for Shari Jackson and Yvonne Vollaie selling tickets. The drawing will take place at the end of the plenary session on Sunday. Must be present to win.

### Handouts

Your workshop speaker may provide handouts or training materials. CAADE is not responsible for handouts, and will not provide copy services onsite.



Take a picture behind the CAADE Press Banner with CeCe! Make sure to use **#caadecommunity #caadeconference2015 #caadecatc** for a chance to win free CAADE Swag! Find us on Facebook for up-to-date conference photos



# LEADING THE WAY

## AGENDA AT A GLANCE

### Friday, April 17

10:00 am to 5:00 pm      Registration & Check-In      Gateway Pre-Function

#### PRE-CONFERENCE LAWS & ETHICS

1:00 pm to 4:00 pm      *"Mind if I Videotape you, officer?"*      Redondo

*Legal & Ethical Issues Working with the  
Criminal Justice System*

**Jack Kearney & Cyndie Dunkerson**

**(Laws & Ethics)**

*The Ethics of Self-Care for Addiction Counselors*  
**Lynn Delvaux**

Laguna

#### OPENING CEREMONIES

5:00 pm to 6:00 pm      **Opening Reception**      Exhibit Hall

6:00 pm to 9:00 pm      **Opening Banquet**      Grand Ballroom

*Treasure relationships. Make a Positive Impact*  
**Leigh Steinberg**

### Saturday, April 18

7:00 am to 8:30 am      **Continental Breakfast**      **Exhibit Hall**

8:30 am to 10:00 am      **Keynote Speaker: Dr. Darryl Inaba**      Grand Ballroom  
*Current Science of Addiction, Relapse & Recovery*

10:00 am to 10:30 am      **Break & Refreshments**      **Exhibit Hall**

#### Breakouts:

10:30 am to 12:00 pm      *Rediscovering Alcoholism, Addiction & Dependence in a  
DSM-5 World*      Hermosa  
**Ray Daugherty**

# LEADING THE WAY

## AGENDA AT A GLANCE

### Saturday, April 18 (continued)

#### Breakouts:

10:30 am to 12:00 pm	<i>A Realistic Look at the Therapeutic Relationship</i> <b>Theresa Russell</b>	Laguna
<b>(Laws &amp; Ethics)</b>	<i>The Effect of Prop 47 on Prior Drug-Related Convictions: Clearing Your Record and Background Checks</i> <b>Wayne Kistner</b>	Malibu
	<i>Addressing the Legacy of Family Addictions with Children And Adolescents through Expressive Arts Therapy</i> <b>Melinda Emery</b>	Redondo
	<b>Faculty Reception</b>	Boardroom

#### President's Luncheon

12:00 pm to 2:00 pm	<b>Jon Perez, SAMHSA</b> <i>Overview of SAMHSA Programs &amp; Initiatives for 2015</i>	Grand Ballroom
<b>(Laws &amp; Ethics)</b>		

#### Breakouts:

2:00 pm to 3:30 pm	<i>What is SUPERvision?</i> <b>Lynn Delvaux</b>	Hermosa
	<i>The Intersection of Wellbriety and SBIRT: A Tribute First Participatory Research Project</i> <b>John Korkow and Leon LeaderCharge</b>	Laguna
	<i>Rein in Your Brain</i> <b>Cynthia Moreno-Tuohy</b>	Malibu
	<i>Rediscovering Alcoholism, Addiction &amp; Dependence In a DSM-5 World</i> <b>Ray Daugherty</b>	Redondo
<b>(Laws &amp; Ethics)</b>	<i>They're Going to Ban Smoking in Our Treatment Centers: A Legal &amp; Ethical Look at Tobacco Harm Reduction</i> <b>Jack Kearney</b>	Seminar Room

# LEADING THE WAY

## AGENDA AT A GLANCE

### Saturday, April 18 (continued)

3:30 pm to 4:00 pm      **Break & Refreshments**      Exhibit Hall

#### Breakouts:

4:00 pm to 5:30 pm      Panel: *Issues & Answers about Certification & Licensure*  
(Laws and Ethics)      Hermosa

*The Courage to Change the One We Can*  
**Rosemary Kane**      Laguna

*Technology Addiction*  
**Don Grant**      Malibu

*Medical Marijuana in a World of Addiction*  
**Allan Barger**      Redondo

### Town Hall Meeting & Reception

6:00 pm to 8:00 pm      *Honoring Tradition, Celebrating New Partnerships*      Grand Ballroom  
Refreshments, Meet and Greet: CAADE Board, Meet Breining,  
Thank Exhibitors, Award Ceremony, Q&A Session, Book Signing

### CLOSING CEREMONIES

### Sunday, April 19

7:00 am to 8:30 am      Continental Breakfast      Exhibit Hall

8:30 am to 9:00 am      CAADE Announcements      Grand Ballroom

9:00 am to 10:30 am      **Ray Lozano:** *High Expectations*      Grand Ballroom

10:45 am to 12:00 pm      50/50 Drawing, Prizes, Closing      Grand Ballroom



# LEADING THE WAY

## CONFERENCE SCHEDULE

### Pre-Conference & Opening Banquet

Friday, April 17

**10:00 am to 5:00 pm**      Registration & Check-In      **Exhibit Hall**

**1:00 pm to 4:00 pm**      **Preconference Sessions**

**“Mind if I videotape you, officer?”**

**Redondo**

**Legal & Ethical Issues Working with the Criminal Justice System**

***Presenters: Jack Kearney & Cyndie Dunkerson***

From getting our clients court-ordered into treatment to confidentiality issues while in our care, our profession has become fully intertwined with the criminal justice system. This workshop will focus on the practical resolution of legal and ethical issues that arise from this interaction, including the appropriate use of videotaping interactions with the police.

**The Ethics of Self-Care for Addiction Counselors**

**Laguna**

***Presenter: Lynn Delvaux, LMFT, CATC IV***

Let's face it! We all can become “stressed out.” Perhaps at times you feel more stressed than some of your clients. This presentation will help you identify your stress related triggers and tendencies. One of your first ethical responsibilities is to create and maintain your own stress-free state of mind. Suggestions on how to avoid or minimize your stressors will be discussed. Useful tips on how to keep a healthy positive perspective will help you to offer your client exceptional empathic care and an extraordinary healing experience.

**5:00 pm to 6:00 pm**

**Opening Reception**

**Exhibit Hall**

**6:00 pm to 9:00 pm**

**Opening Banquet Ceremony**

**Grand Ballroom**

***Opening Ceremony Speaker: Leigh Steinberg***

*Thank you to Hope by the Sea, our Opening Banquet Co-Sponsor!*

***Treasure Relationships: Make a Positive Impact***

A pioneer in the sports agent industry, Mr. Steinberg is one of the most influential figures, having secured over \$300 billion for over 300 professional athletes. Although his success in the industry is unprecedented, he speaks candidly about his struggles with alcohol and ultimately falling to rock bottom. This March, Mr. Steinberg celebrated five years of sobriety.

Mr. Steinberg's book, *The Agent*, will be available for sale immediately after the opening banquet. Mr. Steinberg will be pleased to sign copies.

# LEADING THE WAY

## CONFERENCE SCHEDULE

### Saturday, April 18

**7:00 am to 8:30 am**

Continental Breakfast

**Exhibit Hall**

**8:30 am to 10:00 am**

**Keynote Speaker: Dr. Darryl Inaba**

#### ***Current Science of Addiction, Relapse & Recovery***

This presentation will review past and current research on the neuroscience of Addiction, Relapse and recovery. Brain imaging and other research tools continue to discover variances in neuro-cellular, neuro-chemical, and neuro-functioning that underlie a vulnerability to develop compulsive and dysfunctional use of addictive substances or behaviors. The brain anomalies associated with addiction and related disorders also help to explain why some are more likely than others to relapse after treatment for their compulsive behaviors. The evolving science of Addiction Medicine provides new insights on preventing, assessing and treatment of addictions and related disorders. It is also providing more evidenced-based resources to better manage those with addiction and related disorders.

**10:00 am to 10:30 am**

Break & Refreshments

**Exhibit Hall**

**10:30 am to noon**

#### **Breakout Sessions I**

---

#### **Rediscovering Alcoholism, Addiction, and Dependence in a DSM-5 World**

***Presenter: Ray Daugherty***

**Hermosa**

Alcoholism, addiction, dependence, or use disorder--does the name really matter? In a word, "yes." Since the advent of DSM-3R we have diagnosed from one paradigm and treated from another--largely without realizing what has happened--and clarity has suffered. Addiction and alcoholism theory is largely based on a core philosophy of irreversible loss of control, while research indicates 40% of those who at some point qualify for an alcohol dependence diagnosis return to drinking without major issues. This does not fit treatment experience. So what is going on? What do the words and the paradigms they represent really mean and what real-world implication does that have? DSM 5 no longer diagnoses dependence and a person can qualify for a use disorder with as few as two symptoms. What implications does this have for the services we offer and for our clients. This session will clarify the paradigms and offer solutions to broaden our services in a post-dependence world.

#### **A Realistic Look at the Therapeutic Relationship**

***Presenter: Dr. Theresa J. Russell***

**Laguna**

In this workshop we will discuss the therapeutic relationship and take a realistic look at our roles as counselors. We will explore the skills, insight and awareness needed to be an effective counselor, including the therapeutic skill of confrontation. This is a great workshop for students and/or new counselors as we will examine practical approaches working with clients that are often difficult to convey in a classroom setting.

# LEADING THE WAY

## CONFERENCE SESSIONS

**Saturday, April 18**

### **The Effect of Prop 47 on Prior Drug-Related Convictions:**

**Malibu**

#### **Clearing Your Record and Background Checks**

**(Laws and Ethics)**

***Presenter: Wayne T. Kistner***

In this session we will review the effects of California's Proposition 47 and examine pending legislation which is seeking to either limit or clarify the effects of Prop 47.

### **Addressing the Legacy of Family Addictions**

**Redondo**

#### **with Children and Adolescents through Expressive Arts Therapy**

***Presenter: Melinda Emery***

A unique Community Joint Venture Program between Indiana State University (ISU), Hamilton Treatment Center, and community centers within the state of Indiana, Wabash Valley. This program aligns Hamilton's Addiction Treatment Center, Indiana State University's College of Health and Human Services and Department of Art and Design to serve the children and adolescents facing the problems of addictions within families and the community. ISU students work with children and adolescents ages seven to fourteen in a creative arts studio setting. The positive and transformational impact to children and their families, the power of art, and further educational components of this joint venture community program will be discussed during this presentation.

### **Faculty Reception**

**Boardroom**

All CAADE College Faculty are invited to attend the faculty reception and awards ceremony, and to pick up your CAADE student packets.

**Noon to 2:00 pm**

### **President's Luncheon**

**Grand Ballroom**

#### **College Shout-Out & Keynote Speaker: Jon Perez**

*Thank you to our Co-Sponsors His House and New Horizons!*

### **Overview of SAMHSA Programs & Initiatives for 2015**

Brief overview of SAMHSA programs and initiatives for 2015-16. Will discuss the SAMHSA strategic initiative areas and programs, including efforts in and with California.

**2:00 pm to 3:30 pm**

## **Breakout Sessions II**

### **The Intersection of Wellbriety and SBIRT:**

**Laguna**

#### **A Tribute First Participatory Research Project**

***Presenters: John Korkow and Leon LeaderCharge***

This presentation will describe research conducted by Leon LeaderCharge and John Korkow at Rosebud Reservation in South Dakota concerning utilization and modification of SBIRT with a Native American Population. Historically, research conducted on reservation lands has been imperfectly shared with the tribe, the Tribe First model remedies this situation. Leon LeaderCharge conducted several SBIRT "train the trainer" sessions at Rosebud reservation with pastors, teachers, nurses, police officers and other helping professionals.

**PAGE 14**



# LEADING THE WAY

## CONFERENCE SESSIONS

### Saturday, April 18

#### Rein in Your Brain

Malibu

**Presenter:** *Cynthia Moreno-Tuohy*

Many people in recovery often struggle with the compulsive thoughts and behaviors that are still programmed into the addictive limbic part of the brain and continue to work well after drinking and drugging has ended. This compulsiveness often plays out thoughtlessly in interactions with others, damaging relationships and growth as balanced human beings. The time tested are an intensive set of psycho-emotional-social-spiritual Cognitive Behavioral Therapy (CBT) interventions include: standing still in the moment, giving up the need to control, not assuming another's intentions, tolerating differences, accepting emotions without giving them free reign, and differentiating between immediate fear-driven reactions and measured thoughts. By incorporating these techniques into one's daily interactions and lifestyle, relationships can move from those of conflict to mutual respect and understanding.

#### Rediscovering Alcoholism, Addiction, and Dependence in a DSM-5 World

Redondo

**Presenter:** *Ray Daugherty*

Alcoholism, addiction, dependence, or use disorder--does the name really matter? In a word, "yes." Since the advent of DSM-3R we have diagnosed from one paradigm and treated from another--largely without realizing what has happened--and clarity has suffered. Addiction and alcoholism theory is largely based on a core philosophy of irreversible loss of control, while research indicates 40% of those who at some point qualify for an alcohol dependence diagnosis return to drinking without major issues. This does not fit treatment experience. So what is going on? What do the words and the paradigms they represent really mean and what real-world implication does that have? DSM 5 no longer diagnoses dependence and a person can qualify for a use disorder with as few as two symptoms. What implications does this have for the services we offer and for our clients. This session will clarify the paradigms and offer solutions to broaden our services in a post-dependence world.

#### They're Going to Ban Smoking in Our Treatment Centers: A Legal & Ethical Look at Tobacco Harm Reduction

Seminar Room

**Presenter:** *Jack Kearney*

Recent research has shown that helping our clients quit smoking while in treatment may significantly support long-term sobriety. This workshop will examine legal and ethical issues surrounding smoking, with a particular emphasis on the use of Tobacco Harm Reduction and Electronic Cigarettes.

#### What is SUPERvision?

Hermosa

**Presenter:** *Lynn Delvaux*

What is SUPERvision? SUPERvision is both a didactic and experiential opportunity offered by a SUPERvisor to, for and their SUPERvisee. In essence it is the sharing of a superVISION (perspective) that is SUPERlative and in turn, it is offered to the client with hope.

3:30 pm to 4:00 pm

Break & Refreshments

Exhibit Hall

# LEADING THE WAY

## CONFERENCE SESSIONS

### Saturday, April 18

4:00 pm to 5:30 pm

#### Breakout Sessions III

##### Issues & Answers About Certification & Licensure

Hermosa

###### *Panel of Experts (Laws and Ethics)*

The issues surrounding addiction counselor certification and licensure in California, and the nation, can often seem confusing for students, counselors, and employers. This panel will discuss everything you ever wanted to know about Addiction Counselor Certification Regulations in California, the “5-year rule,” education and supervision requirements, pending Master’s Level Licensure legislation, and other topics relevant to you and your future. Bring your questions and concerns for an informative Q&A session with state and national experts.

##### The Courage to Change the One We Can

Laguna

###### *Presenter: Rosemary Kane*

Addiction passes through families generationally, and is said to be the “gift that keeps on giving.” It keeps on giving because of a strong compulsion to repeat what is experienced in our families of origin - although we say, “it will never happen to me.” We can break this cycle and begin to have healthy and productive relationships with ourselves and others. We can use a little bundle of nerves in our brains to enact the ability to attract serenity - not chaos.

##### Technology Addiction

Malibu

###### *Presenter: Dr. Don Grant*

Cell phones, the internet and computers have become the new drug of choice for many families. This session will outline the risk factors for a technology addiction. People who are already suffering from anxiety, depression, or are under a great deal of stress are strong candidates for developing a technology addiction. Internet addiction creates problems that are similar to other addictions in that it can affect relationships, make a person spend more time by themselves, and thus create social anxiety. Dr. Grant will discuss how to help clients find ways to use technology successfully so that they still be able to navigate the other areas of life.

##### Medical Marijuana in a World of Addiction

###### *Presenter: Allan Barger*

Those advocating for the medical use of marijuana often intentionally or unintentionally send a message that there is no risk from the use of marijuana even if recreational. Those who practice in the world of addiction know there are risks, but untangling the message for clients can be daunting. Moreover, there is a growing body of research documenting some risks and harms associated with ongoing marijuana use. This presentation distinguishes between legitimate medical investigations into the use of cannabis or the cannabinoids – including recommendations from the National Institutes of Health – and risks from both medical and recreational use.

6:00pm to 8:00pm

Grand Ballroom

Town Hall Meeting & Reception (see next page)

# LEADING THE WAY

## CONFERENCE SESSIONS

Saturday, April 18 — Sunday, April 19

6:00pm to 8:00pm

Grand Ballroom

Town Hall Meeting & Reception  
Sponsored by the Breining Institute

### Honoring Tradition, Celebrating New Partnerships

Come and enjoy refreshments, meet and greet CAADE Board members, get to know our new Breining family, and celebrate the outstanding achievements of some of our esteemed members and guests. Join us for an award ceremony, a celebration of our achievements, questions and answers, and even a book signing. This event is designed to help you relax after a long day of learning as we honor tradition and celebrate our new partnerships. Don't miss the fun!



Sunday, April 19

7:00 am to 8:30 am

Continental Breakfast

Exhibit Hall

8:30 am to 9:00 am

CEH Overview, Announcements

Grand Ballroom

9:00 am to 10:30 am

Ray Lozano: *High Expectations*  
Get ready to laugh and learn with Ray Lozano!

Grand Ballroom

10:45am to 12:00 pm

50/50 DRAWING, Prizes & Closing

Grand Ballroom



*Celebrating Life*

*Happy Birthday to our Executive Director Lori Phelps!*



# Successful Drug & Alcohol Treatment

30-60-90 Day  
Programs  
Tailored To  
Individual Needs



*New Creation.  
Specialized  
treatment  
for women.*



*His House.  
Specialized  
treatment  
for men.*



## Gender Specific Services and Locations

- Residential Treatment
- Intervention
- Detox
- Full Day Treatment
- Continuing Care
- Intensive Outpatient
- Sober

## Multi-Faceted Approach

- Co-Occurring Disorders
- Christian Track
- Family Therapy
- Mood/Anxiety Disorders
- Trauma/PTSD
- Young Adults
- Couples



To speak with  
a Counselor:

**877-846-9008**

Most Insurances Accepted.  
Financing is Available.

For more information:  
[hishouserehab.com](http://hishouserehab.com) or  
[newcreationrehab.com](http://newcreationrehab.com)





## The Miracle of Recovery Can Be Yours

Hope By The Sea is a full-service drug and alcohol rehabilitation center located in Southern California. Along with our residential treatment facilities, we provide a full continuum of treatment services, including:

- Detoxification
- Extended Care
- Day Treatment
- IOP
- Transitional Living
- Christian Track
- College Track
- Holistic Track

At Hope By The Sea, our treatment staff includes:

- ASAM Certified Psychiatrist
- Family Medicine Medical Doctor
- Licensed Clinical Psychologist
- Marriage & Family Therapists
- Registered Nurse
- Chemical Dependency Counselors

**[www.HopeByTheSea.com](http://www.HopeByTheSea.com)** or call **866-930-4673**

## We Offer Hope



Celebrate Hope is a Christian residential drug and alcohol treatment center located in the beautiful, coastal community of San Juan Capistrano, California. Our faith focused mission is to minister the love of Jesus Christ to those who are in pain and are suffering from drug and alcohol addiction. Christ centered treatment is the core component of our program, along with Celebrate Recovery® which is a ministry of Saddleback Church.

What we offer:

- Christ Centered Treatment
- Residential Treatment
- One On One Therapy
- Group Therapy
- Intervention Services
- Life Recovery Bible
- Boundaries Workshop
- Celebrate Recovery®
- Worship Services at Saddleback Church
- Daily Christian Devotionals
- Individual Christian Counseling

**[www.CelebrateANewLife.com](http://www.CelebrateANewLife.com)** or call **800-631-7753**

# LEADING THE WAY

## PRESENTER BIOGRAPHIES



**Allan Barger, MSW**, has worked in the alcohol and drug field for over 25 years, starting as a Prevention Specialist and teaching substance abuse courses at Eastern Kentucky University. He is a Research Analyst at Prevention Research Institute reviewing published research on marijuana, other drugs, and the neurobiology of addiction. He serves on the Revision Team of the NREPP-listed "PRIME For Life™" motivational intervention program, helped develop the U.S. Army's "Strong Choices" program and is the lead author of "Preventing Alcohol and Drug Problems in Adults" in The Encyclopedia of Health Education and Promotion, 2nd Edition published in 2014.



**Dr. Kirk Bowden, Ph.D.**, is Chair of the Addiction & Substance Use Disorder Program at Rio Salado College. He serves on the Arizona Board of the Behavioral Health Examiners. Dr. Bowden serves on the steering committee of the United States Mental Health Services Administration (SAMHSA)/Center for Substance Abuse Treatment's Partners for Recovery. He serves on editorial boards of the International Journal of Mental Health and Addiction, the Addiction Professional and Substance Abuse, the professional journal of the Association for Medical Education and Research in Substance Abuse (AMERSA). He serves on the Opioids Guidelines Review Panel of the American College of Occupational and Environmental Medicine.



**Michael J. Breining, J.D., M-RAS**, is President/CEO/COO of the Breining Institute, a private college in California which provides higher education to addiction professionals. Mr. Breining earned his Juris Doctor degree from the University of the Pacific, McGeorge School of Law in 1983. He earned the Bachelor of Arts Degree in Criminal Justice from California State University, Sacramento. Mr. Breining is a founding partner of Breining Kistner LLP. He has been an attorney licensed to practice law in California, federal, and tax courts since 1983. He has presented oral argument before the Supreme Court of the State of California and he is this year's recipient of CAADE's *Integrity, Values and Partnership Award*.



**Ray Daugherty**, President of Prevention Research Institute, has worked in the alcohol and drug field since 1971. He is co-author of the **PRIME For Life** motivational intervention program which has been adopted by eighteen states, the US Army, Marines and Coast Guard. He is also co-author of **Reducing the Risk for Substance Abuse: A Life Span Approach**, Plenum Press, 1998. Most recently, Ray has been a contributor to the 2014 revision of the ASAM Treatment Placement Criteria. He also has co-authored a chapter in the **Encyclopedia of Primary Prevention and Health Promotion**, published by Kluwer Academic Publishers. Along with Carlo DiClemente and Theresa Moyers, Ray co-authored **PRIME Solutions**, a unique tool for addiction treatment.



**Lynn Delvaux, LMFT, CATC IV, CCS**, is a licensed Marriage and Family Therapist (MFT), a CATC IV and a Certified Clinical Supervisor (CCS). Lynn holds a graduate degree in psychology from Chapman University and a Certificate in Gerontology from CSUF. She is a Clinical Member of the American Association of Marriage and Family Therapists and the California Association of Marriage and Family Therapy. She has taught Psychology and Human Services courses at Cypress College and Clinical Supervision courses at the Training Institute for Addiction Counselors. Ms. Delvaux recently retired from Community Hospital of Long Beach Behavioral Health Unit to pursue her private practice working with families who suffer with addiction.



# LEADING THE WAY

## PRESENTER BIOGRAPHIES



**Cyndie Dunkerson, BAS, CATC III, CCS**, has worked at Hope by the Sea in San Juan Capistrano for the last 15 years, serving as Staff Interventionist & Court Liaison, Clinical Director, and currently as the Vice President in charge of admissions. She is particularly gifted in convincing judges to allow her clients to remain in treatment. She is currently pursuing her Doctorate in Forensic Psychology.



**Melinda J. Emery, LMFT, ATR-BC, CATC IV**, is an alumna of Indiana State University and received the Master's in Clinical Art Therapy from Pratt Institute in New York. She is a Registered Board Certified Art Therapist, Licensed Marriage & Family Therapist with a private practice located in Mission Viejo, CA. Registered with the California superior courts for custody evaluations in work with families, trained in alcohol and drug counseling through the Loyola Marymount Program and a Certified Addictions Treatment Counselor. Contracted with numerous Employee Assistance Programs (EAP) for the State of California in drug and alcohol assessment and treatment. Melinda is published in *The American Art Therapy Journal* for work with children's attachment issues and autism.



**Dr. Don Grant, MA, MFA, CCDC, PhD**, is a media psychologist with a specialization in addiction. He received his B.A. with honors from the University of Michigan, an MFA from the University of Southern California and both his MA and PhD in Psychology (with an emphasis in Media Psychology) from Fielding Graduate University in Santa Barbara, California. He also provides professional consulting services to the mental health and addiction recovery community. Don was the recipient of a 2012 international "Best of Show" prize for his addiction recovery research work. His most recent research study explored the potential influence of social media platforms on recovery efficacy. Don is the father of two fantastic daughters, whom he considers both the loves of his life, as well as his greatest extravagances.



**Dr. Darryl Inaba, Pharm.D., CATC V, CADC III** is Director of Clinical and Behavioral Health Services for the Addictions Recovery Center and Director of Research and Education of CNS Productions in Medford, Oregon. He is an associate Clinical Professor at the University of California in San Francisco, CA., and a Lifetime Fellow at Haight Ashbury Free Clinics, Inc., in San Francisco, CA. Dr. Inaba has authored several papers, award winning educational films and is co-author of *Uppers, Downers, All Arounders*. He has been honored with over 90 individual awards for his work in the areas of prevention and treatment of substance abuse problems.



### **Rosemary Kane, MS, LMFT, CATC IV**

Prior to returning to school to fulfill her dream of becoming a Marriage and Family Therapist, Rosemary worked in the field of Marketing for twenty years. She received her BS in Human Services, then her MS in Counseling from Cal State Fullerton. Now, as a licensed Marriage and Family Therapist and Certified Addiction Counselor, she owns and operates her private practice, Monarch Counseling, in Laguna Hills, CA. Her belief is that Addiction is one of the leading challenges we face in society.

# LEADING THE WAY

## PRESENTER BIOGRAPHIES



**Jack Kearney, MDiv, CATC IV** has taught Addiction Studies at Cypress College, Loyola Marymount University, and California State University, Fullerton. Father Jack is President of the Training Institute for Addiction Counselors, where he teaches a variety of courses on Family Intervention, Law & Ethics and Smoking Cessation. He is a Commissioner for the Los Angeles County Commission on Alcohol and Other Drugs. He is a Past President of CAADE, and is currently Southern Vice President, Chair of the Continuing Education and the Career Track Committees. He is this year's recipient of CAADE's Outstanding Service Award.



**Wayne T. Kistner, Esq.**, a founding partner of Breining Kistner LLP, has been an attorney licensed to practice law in California since 1981. His experience is extensive and includes general practice, alternative dispute resolution, consulting, and community service. Mr. Kistner earned his Juris Doctor degree from Southwestern University School of Law in His Bachelor of Arts Degree in Psychology was received from California State University, Long Beach. He has served as General Counsel to the California Association for Alcohol / Drug Educators (CAADE) since 2007. In addition to his legal practice, he has been an adjunct faculty member teaching courses in Human Services and Alcohol and Drug Studies at two Orange County Community Colleges since 1998.



**Dr. John Korkow** received his PhD in Educational Psychology from the University of South Dakota in July of 2008. His research interests include Native Americans and Educational issues (particularly admission and retention), Educational Psychology-retention issues of college students and substance use among college students. He is a member of the South Dakota Addiction and Professionals Association in South Dakota, a Licensed Addiction Counselor, a member of APA division 15, a member of NAADAC, and is current president of INCASE. He is an assistant professor in the department of Addiction Studies at the University of South Dakota.



**Leon LeaderCharge** is pursuing his post-secondary degree of B.S. Addiction Studies at the University of South Dakota (May 2015). Leon has experience in facilitation/consultation, policy formation, advocacy at the state and national level, and recently completed a research fellowship/project funded by the NIDA. He successfully completed an internship (2013) at SAMHSA's CSAT, Rockville, MD and assisted with the 2014 SAMHSA's Native Youth Conference. Leon has an interest in helping tribal communities, research, higher education, Lakota culture, tribal law and treaty, and the betterment of all tribal nations and communities.



**Ray Lozano** has educated and entertained thousands of students in hundreds of middle schools and high schools from Alaska to Florida, and internationally in the Cayman Islands and Bermuda since 1986. Ray has a talent and gift for conveying what could be construed as boring drug and alcohol prevention information in such a fun and humorous way that his audiences come away informed and entertained. The fact that he has been asked to return to some of the same schools across the nation speaks to Ray's ability to keep his information updated, fresh and relevant. Ray has completed certification as Prevention Specialist by the state of California as well as Drug and Alcohol Counselor Certification.

# LEADING THE WAY

## PRESENTER BIOGRAPHIES



**Cynthia Moreno-Tuohy, BSW, NCAC II, SAP**, is the Executive Director of NAADAC, the Association of Addiction Professionals. She has served as President of NAADAC, Certification Board Commissioner, International Chair, Treasurer and Legislative Chair for NAADAC. Ms. Moreno Tuohy is a curriculum writer in addiction screening and evaluation, counseling methods, conflict resolution, co-occurring disorders and medicated assisted treatment and recovery. Her new book, *“Rein in Your Brain; from Impulsivity to Thoughtful Living in Recovery”* was released May 2014 - Hazelden Publishers.



**Captain Jon T. Perez, Ph.D.** is a clinical psychologist with over 20 years of federal service ranging from direct care to policy and program management in the United States and abroad. His previous federal positions include directing small to large direct service programs, as well as providing national program and policy leadership as the Director of Behavioral Health for the Indian Health Service. He now serves as the Region IX Administrator for the Substance Abuse and Mental Health Services Administration.



**Theresa Russell, Dr.AD, M-RAS, MCA, CADC II, CSC**, serves as Dean of Instruction at Breining Institute and has been a faculty member since 2005. She formerly managed a perinatal women's treatment facility in Northern California, and since 2000 has provided individual and group counseling, client education course instruction, case management, intervention, crisis management, and training and supervision of staff and volunteer counselors. Dr. Russell earned her Bachelor of Arts Degree in Behavioral Sciences in 1999 from National University; her Master of Arts Degree in Addictive Disorders from Breining Institute; and her Doctor of Addictive Disorders (Dr.AD) degree from Breining Institute.



**Leigh Steinberg** is the pre-eminent sports agent and sports attorney in the nation. During the four decades that Leigh has dedicated to his craft, he has come to call some of the most elite athletes of this generation his clients as well as his friends.

Leigh's client roster has included the likes of Steve Young, Troy Aikman, Warren Moon, Bruce Smith, Thurman Thomas, Kordell Stewart, Jeff George, Ben Roethlisberger, Myron Rolle, Matt Leinart, Mark Brunell, Ricky Williams, Howie Long, Eric Karros, Dusty Baker, Lennox Lewis, Oscar de la Hoya, and John Starks.



Steinberg has been the Title Sponsor of the Newport Beach Film Festival and has been featured on national television programs such as *60 Minutes*, *Larry King Live*, *The Today Show*, *Good Morning America*, *CNN*, *Fox News*, *CBS Morning News*, *Lifestyles of the Rich & Famous*, *Morning Joe on MSNBC*, and *Inside Sports*.

He is the author of his autobiography, *The Agent: My 40-Year Career Making Deals and Changing the Game*.

## LEADING THE WAY

MANY THANKS TO ALL OF OUR SPONSORS



**BENCHMARK<sup>®</sup>**  
TRANSITIONS

---

EST. 1993

---

TRANSFORMING YOUNG ADULT LIVES  
**1.800.474.4848**  
A FAMILY BUSINESS

**ABLE TO CHANGE**  
If you're willing, we're able recovery



if you're willing, we're able.  
866-225-3260  
[abletochangerecovery.com](http://abletochangerecovery.com)

**PAGE 24**



# LEADING THE WAY

## VOLUNTEERS & SPECIAL MENTIONS

### Conference Committee

Lori Phelps, Conference Chair

Tatiana Servin, Conference Co-Chair, CAADE Public Relations

Michelle Ulrich, CAADE Central Office

Sharon Ross, Conference Volunteer Coordinator

Shari Jackson & Yvonne Vollaïre, Conference Raffle Co-Coordinators

### Conference Volunteers

Gary Knepper, Ron Evans, Sharon Ross, Ramona Dunn, Jennifer Koretoff, Tamra Vieira, Laura Howell, Don Smith, Joaquin Gonzales, Cyndi Alexander, Virginia Stark, Darrell Hamilton, Charlie Rullo, Roy Vincent, Arthur Valdivia, Sydney Hoetker, Margaret Soza, Yolanda Herrera, Julianna Genovese, Lorraine Castanon, Connie Carson, Gus Fierro, Shari Jackson, Yvonne Vollaïre, Emilio Diaz, Denise Puga, Kim Moore

### Special Thanks

Our thanks to the student clubs and campus organizations that make it possible for students to attend the CAADE Conference each year. Special thanks to SAAPSA (Cal-State Fullerton), and to San Bernardino Valley College's Human Services Association.

#### SAAPSA Students

David Ferreira, Kevin Kelly, Cassandra Jablonski, Erica Ontiveros, Juan Zaca





# LEADING THE WAY

## CAADE AWARDS & ACKNOWLEDGEMENTS

### *CAADE Lifetime Achievement Awards*

Kirk Bowden

Darryl Inaba

### *30 Years of Service*

Carlton Blanton (“Dr. B”)

Professor William Shilley

### *Exemplary Leadership & Service Award*

Cynthia Moreno-Tuohy

### *Integrity, Values and Partnership Award*

Mike Breining

### *Outstanding Service Award*

Father Jack

### *Leading the Way Award*

Angela Stocker

### *Outstanding Leadership Award*

CAADE President 2012-2015

Greg Granderson

# LEADING THE WAY

## CAADE STAFF



### **Michelle Ulrich, BS, CATC III**

Michelle has worked with CAADE since March 2012. She currently acts as office oversight, Certification Coordinator, assistant to Dr. Lori Phelps, and liaison to the CAADE Board of Directors. She holds a Bachelor's Degree in Human Services from CSU Fullerton and an Associate's Degree in Liberal Arts from Long Beach City College. In her free time she enjoys spending time with her niece, live music, and grooming for VJF Racing Stables at Golden Gate Fields.



### **Carmen Donato, BA, CATC-i**

Carmen has worked with CAADE since 2014. She is currently an Administrative Assistant for CAADE and holds an Associate's Degree in Liberal Arts and Certificate of Completion in Alcohol & Drug Studies from Long Beach City College. She is currently at Cal State University Dominguez Hills earning her Bachelor's Degree in Human Services. She plans on also earning her Master's Degree in Social Work once completing her BA. Carmen loves her ministry, hanging with friends, spending time with family, different types of music, and learning new cultures.



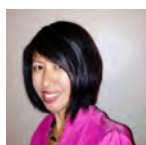
### **Gina Mills, CATC-i**

Gina Mills attended Cypress College, acquired an AOD certificate, and recently passed the CATC Exam. She currently serves as the CATC Compliance Coordinator specializing in helping registrants through the initial registration process.



### **Kourtney Sakioka, BA**

Kourtney has been with CAADE since 2015. She has earned a Bachelor's degree in English from the University of Massachusetts. Kourtney celebrated four years sober this year and enjoys working in a field where she is able to help others. Her free time is filled with her 8-month old daughter Charlotte Grace and her loving boyfriend Rodrigo.



### **Stella Lin, BA**

Stella joined CAADE in 2015 and currently serves as an Administrative Assistant. She earned her Bachelor's in English from California State University, Long Beach, and also holds an Associate's Degree in French from Cerritos College. During her spare time, she enjoys traveling, reading, going to concerts, and spending quality time with friends and family.



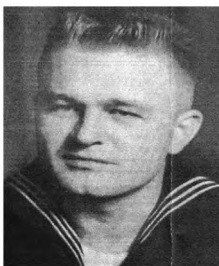
California Association for Alcohol/Drug  
Educators



# LEADING THE WAY

## *In Memory of Ron Vanevenhoven*

Ron Vanevenhoven, a member of CAADE's Emeritus Board, passed away on February 27, 2015. Ron served in the United States Navy as a young man. Later, he opened a private practice called "Life Changes" and in the mid 80s developed the Alcohol and Drug Studies Program at Glendale Community College. Ron was a long-time CAADE board member, and his contributions to CAADE were numerous. Friends and family joined to celebrate Ron's life on Saturday, March 14, 2015, at Glendale Community College.



### **DISCOUNTED WCSAD CONFERENCE RATE FOR CAADE MEMBERS**

As an Exhibitor of the West Coast Symposium on Addictive Disorders (WCSAD), a C4 Recovery Solutions event, CAADE is pleased to announce a special discounted registration rate of \$350 - a savings of \$45 to CAADE members and colleagues.

To take advantage of this discounted registration offer, go to [www.WCSAD.com](http://www.WCSAD.com), and click Register. Select the VIP/Promo Code and enter CAADE - (case sensitive) then enter your information and select the workshops you want to attend.

## **JOIN US AT WCSAD 2015**

Don't Miss the 6<sup>th</sup> Annual

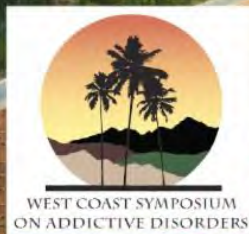
### **West Coast Symposium on Addictive Disorders**

**May 28 - 31, 2015**

**La Quinta Resort & Club**

**La Quinta, CA**

[www.WCSAD.com](http://www.WCSAD.com)



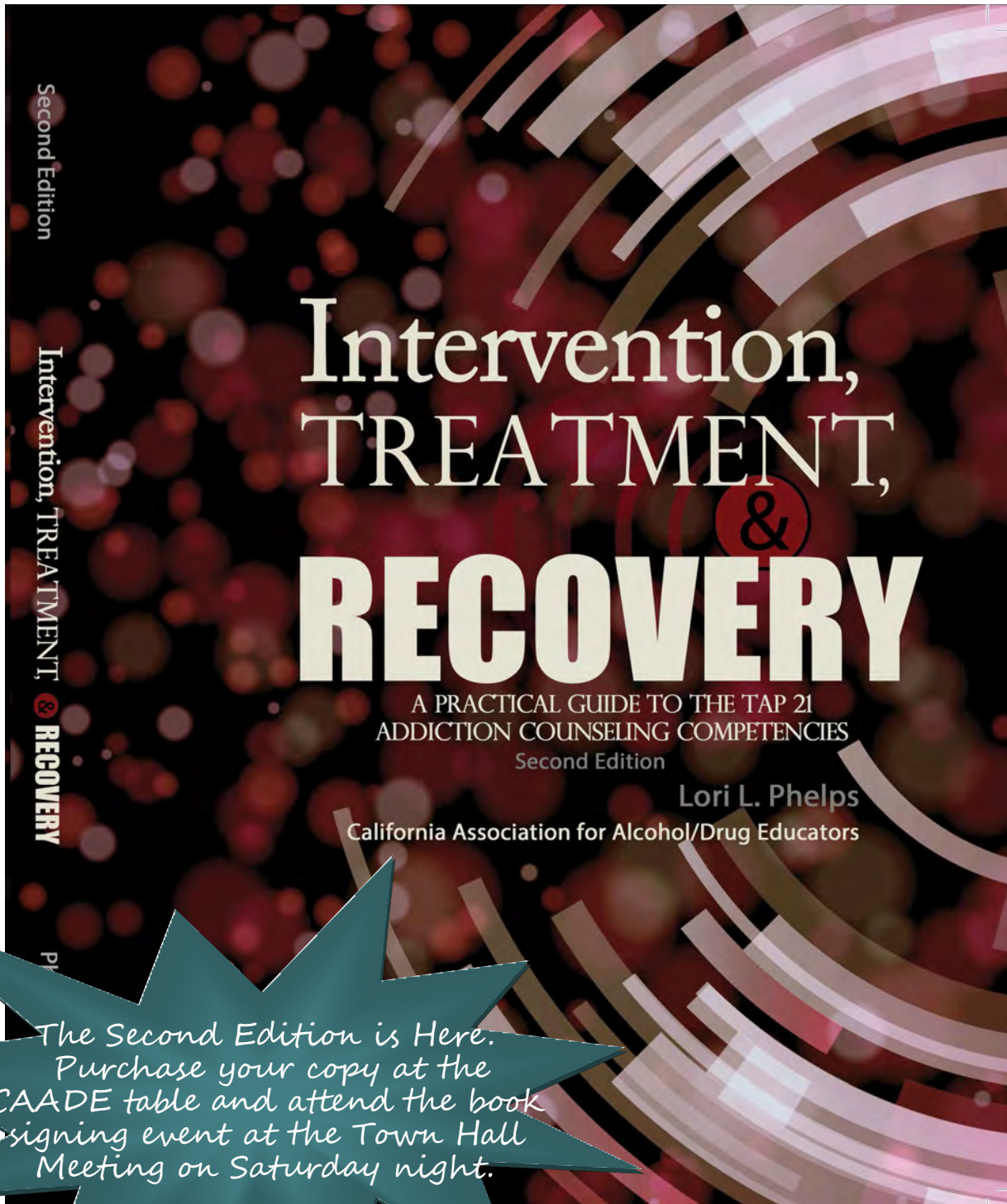
**Visit  
CAADE at  
BOOTH  
#93**

**PAGE 28**



## LEADING THE WAY

Buy a Copy & Attend the Book Signing Event



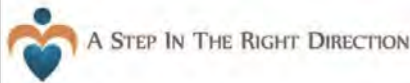
PAGE 29



## 2015 CAADE Conference Exhibitors/Sponsors



Addiction Professional Association  
of California (APAC)



Los Angeles Metropolitan Churches



PURE RECOVERY CALIFORNIA



Training Institute for Addiction  
Counselors (TiacTraining.com)



ALTERNATIVE OPTIONS  
COUNSELING CENTER, INC.





## Map of Conference Center

[illegible]



# Breining Institute

Accessible. Affordable. Since 1986.



## College Programs: Affordable Education

- State-approved, nationally-recognized addiction education since 1986
- Associate, Bachelor, Master and Doctorate (Dr.AD) Degree programs
- 45-unit Addiction Studies Certificate (ASC) course qualifies for CATC Credential
- Delivered by distance learning, times and locations convenient for the student

## Professional Services

- Specialty and advanced certifications
- Online continuing education (CE) courses
- Online Job Board, free to employers and job seekers



## ESA: Recognizing dedicated professionals

- Excellence in Supervision Award (ESA) recognizes "commitment to excellence"
- Each year Breining awards up to \$10,000 and the ESA Award nationally
- Free application